

BETWEEN BREATH AND BEAT TRUST

England & Wales · Charity number 1216881

Details

Status Registered

Legal form CIO

Registered 2026-02-17

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: THE OBJECT[S] OF THE CIO [IS][ARE]THE OBJECTS OF THE CIO ARE TO RELIEVE THE NEEDS OF INDIVIDUALS WHO ARE AWAITING OR HAVE UNDERGONE HEART AND / OR LUNG TRANSPLANTATION AND THEIR FAMILIES AND INDIVIDUALS AFFECTED BY SERIOUS CARDIAC AND RESPIRATORY CONDITIONS BY PROVIDING NON-CLINICAL EMOTIONAL, PRACTICAL AND GENERAL HEALTH AND WELLBEING SUPPORT DESIGNED TO IMPROVE THEIR HEALTH AND WELLBEING, REDUCE ISOLATION AND SUPPORT RECOVERY, IN PARTICULAR BUT NOT LIMITED TO THE FOLLOWING:-PEER SUPPORT FROM PEOPLE WITH LIVED EXPERIENCE, BOTH FACE-TO-FACE AND ONLINE, HELPING PATIENTS MANAGE ANXIETY, ISOLATION, AND EMOTIONAL DISTRESS;PRACTICAL SUPPORT, INCLUDING PATIENT HAMPERS CONTAINING ESSENTIAL ITEMS SUCH AS TOILETRIES, TEA, COFFEE, BISCUITS, AND COMFORT RESOURCES TO ASSIST THEIR STAY DURING HOSPITAL CARE;FAMILY SUPPORT, INCLUDING RESOURCES FOR CHILDREN VISITING HOSPITAL, TO HELP MAINTAIN FAMILY CONTACT AND REDUCE STRESS; ANDWHERE RESOURCES ALLOW, ASSISTANCE WITH ACCOMMODATION NEAR TRANSPLANT CENTRES TO SUPPORT FAMILIES STAYING CLOSE TO PATIENTS DURING RECOVERY. NOTHING IN THIS CONSTITUTION SHALL AUTHORISE AN APPLICATION OF THE PROPERTY OF THE CIO FOR THE PURPOSES WHICH ARE NOT CHARITABLE IN ACCORDANCE WITH NOTHING IN THIS CONSTITUTION SHALL AUTHORISE AN APPLICATION OF THE PROPERTY OF THE CIO FOR THE PURPOSES WHICH ARE NOT CHARITABLE IN ACCORDANCE WITH [SECTION 7 OF THE CHARITIES AND TRUSTEE INVESTMENT (SCOTLAND) ACT 2005] AND[SECTION 2 OF THE CHARITIES ACT (NORTHERN IRELAND) 2008].

Classification

- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, People With Disabilities, Other Defined Groups

Geography

- Throughout England And Wales

Trustees

Name	Role	Appointed
Christopher Mark Richards	Chair	
Lisa Mcdermott		
Tracy Alison Richards		
