

# AUTHENTIC LIVES

England & Wales · Charity number 1216335

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2025-12-29

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 10 South Avenue  
Kidlington  
OX5 1DG

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**Website** [authenticlives.org](http://authenticlives.org)

## Activities

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**Objects:** THE OBJECTS OF THE CIO ARE FOR THE PUBLIC BENEFIT: (1) TO ADVANCE EDUCATION IN PARTICULAR, BUT NOT LIMITED TO, THROUGH THE PROVISION OF RESOURCES FOR PERSONAL DEVELOPMENT WORKSHOPS, IN PARTICULAR THE AUTHENTIC LIVES WORKSHOP AND FACILITATOR TRAINING FOR RUNNING THE WORKSHOPS; AND (2) SUCH OTHER CHARITABLE PURPOSES (ACCORDING TO THE LAW OF ENGLAND AND WALES) AS THE CHARITY TRUSTEES SEE FIT FROM TIME TO TIME.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** Education/training
- **Who:** Other Defined Groups, The General Public/mankind

## Geography

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- Throughout England And Wales

## Trustees

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Name	Role	Appointed
Celia Mahtani		
Fiona Jean Stevenson		
JEREMY JAMES MATHESON		
Kar Hang Philip Wai		