

S.H.E. UK (SUPPORTING, HEALING, EDUCATING)

England & Wales · Charity number 1216142

Details

Other names S.H.E.

Status Registered

Legal form CIO

Registered 2025-12-10

Register [View on the Charity Commission register](#)

Contact

Address S.h.e. UK
1 Byron Street
Mansfield
NG18 5NX

Phone 01623622916

Email info@she-uk.org.uk

Website www.she-uk.org.uk

Activities

Objects: THE OBJECTS OF THE CIO ARE, FOR THE PUBLIC BENEFIT:4.1. TO RELIEVE THE NEEDS OF VICTIMS OF CHILDHOOD SEXUAL ABUSE, SEXUAL EXPLOITATION, SEXUAL VIOLENCE AND RAPE (AND THEIR FAMILIES) THROUGH A RANGE OF SERVICES INCLUDING BUT NOT EXCLUSIVELY, THERAPEUTIC AND NON-THERAPEUTIC INTERVENTIONS, SUPPORT SESSIONS INCLUDING SELF-DEVELOPMENT COURSES, MENTORING AND FACILITATING COMMUNITY CONNECTIONS; AND4.2. BY ADVANCING EDUCATION AND AWARENESS OF THE LONG-TERM PERSONAL AND SOCIAL IMPLICATIONS AND EFFECT OF ABUSE THROUGH THE DELIVERY OF AWARENESS RAISING AND TRAINING INTERVENTIONS, INCLUDING FOR PUBLIC, VOLUNTARY AND PRIVATE SECTOR AGENCIES.

Activities: We offer a range of services for survivors of childhood sexual abuse, exploitation and rape, including support groups, drop-ins, facilitated creative therapy, 1-to-1 therapy & crisis therapy, digital support, personal development courses, & mentoring with 1-1 support. Drop in services are provided in Mansfield, with therapy delivered countywide. We also deliver specialised training and conferences.

Classification

- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** People With Disabilities, The General Public/mankind

Geography

- Throughout England

Trustees

Name	Role	Appointed
Reena Pastakia	Chair	2025-12-10
Corinna Del Debbio		2025-12-10
Deborah Louise Porter		2025-12-10
JACQUELINE ANNE LEWIS		2025-12-10
JENNIFER LEWIS		2025-12-10
Radmila Evanics		2025-12-10