

JOURNEY OF COMPASSION

England & Wales · Charity number 1216034

Details

Status Registered

Legal form CIO

Registered 2025-12-03

Register [View on the Charity Commission register](#)

Contact

Address 5 Mead Avenue
Birmingham
B16 0QW

Phone 07915662435

Email contact@journeyofcompassion.com

Website www.journeyofcompassion.com

Activities

Objects: THE ADVANCEMENT OF THE SIKH FAITH FOR THE PUBLIC BENEFIT IN ACCORDANCE WITH THE TEACHINGS OF GURU GRANTH SAHIB AND THE STATEMENT OF THE SIKH FAITH, MAINLY BUT NOT EXCLUSIVELY BY PROMOTING SPIRITUAL EDUCATION AND AWARENESS THROUGH GURBANI-BASED TALKS, CONTEMPLATION SESSIONS, AND RETREATS; SUPPORTING PERSONAL WELLBEING AND DEVELOPMENT THROUGH SIKH MEDITATION, MINDFULNESS, AND ONE-TO-ONE GUIDANCE; FOSTERING A SENSE OF COMMUNITY THROUGH MEN'S AND WOMEN'S WELLBEING GROUPS; APPLYING SIKH WISDOM TO LIFE'S TRANSITIONS, INCLUDING PREGNANCY, MOTHERHOOD, AND EMOTIONAL WELLBEING; AND ESTABLISHING A SIKH-LED WELLBEING HUB TO PROVIDE A DEDICATED SPACE FOR SPIRITUAL LEARNING, SELF-DEVELOPMENT, AND COMMUNITY SUPPORT.

Classification

- **How:** Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Religious Activities
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- Throughout England And Wales

Trustees

Name	Role	Appointed
Kirandeep Kaur		
Kirandeep Kaur Thandi		
Mehartaaj Singh Grewal		
Parminder Singh Khera		