

SHILTONS' SILVERLINING

England & Wales · Charity number 1216030

Details

Status Registered

Legal form CIO

Registered 2025-12-02

Register [View on the Charity Commission register](#)

Contact

Address Peyton Tyler Mears
Middleborough House
16 Middleborough
Colchester
CO1 1QT

Phone 07719108171

Email steffi.shilton@shiltonssilverlining.com

Website <https://shiltonssilverlining.org>

Activities

Objects: THE OBJECTS OF THE CIO ARE FOR THE BENEFIT OF THE PUBLIC IN THE UNITED KINGDOM OR ANYWHERE IN THE WORLD;(1) TO PREVENT AND RELIEVE SICKNESS OR ILL-HEALTH OF INDIVIDUALS AFFECTED BY GAMBLING-RELATED HARMS OR GAMBLING DISORDER, INCLUDING THOSE EXPERIENCING ANXIETY, DEPRESSION, STRESS-RELATED ILLNESSES OR WHO ARE AT RISK OF SUICIDE, THROUGH THE PROVISION OF ADVICE, GUIDANCE, TREATMENT, INTERVENTIONS AND AFTERCARE TO PREVENT RELAPSE AND SUPPORT TO FAMILIES, CARERS, OR OTHER AFFECTED PERSONS, TO IMPROVE OVERALL MENTAL AND PHYSICAL HEALTH AND WELL-BEING AND TO ASSIST THEM TO REBUILD RELATIONSHIPS; (2) TO ADVANCE EDUCATION IN GAMBLING RELATED DISORDERS AND HARMS INCLUDING THE CAUSES, EFFECTS, PREVENTION AND TREATMENTS AIMED AT REDUCING STIGMA AND IMPROVING UNDERSTANDING AND TO CONDUCT RESEARCH AND TO DISSEMINATE THE RESULTS OF SUCH RESEARCH TO THE PUBLIC; AND (3) TO PREVENT OR RELIEVE POVERTY AMONGST INDIVIDUALS EXPERIENCING GAMBLING-RELATED FINANCIAL DIFFICULTIES (PARTICULARLY IN THE UNITED KINGDOM) THROUGH THE PROVISION OF DEBT MANAGEMENT ADVICE, SUPPORT AND GUIDANCE AND FINANCIAL EDUCATION TO HELP AFFECTED INDIVIDUALS MANAGE THEIR FINANCES EFFECTIVELY.

Activities: This charity will offer professional support, treatment and aftercare for anyone with a gambling disorder and support for affected others. Debt advise and long term support with a life long membership for

all members. Education, research and prevention campaigns to be delivered at national level

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty
- **Who:** The General Public/mankind

Geography

- Throughout England And Wales

Trustees

Name	Role	Appointed
Peter Leslie Shilton CBE	Chair	2025-12-05
Dean Cooke		2026-01-22
Dr Neil David Brener		2025-12-02
Judith Mary Thompson		2025-12-06