

# INTERNATIONAL ASSOCIATION FOR PREMENSTRUAL DISORDERS UNITED KINGDOM (IAPMD UK)

England & Wales · Charity number 1216017

## Details

---

**Status** Registered

**Legal form** CIO

**Registered** 2025-12-02

**Register** [View on the Charity Commission register](#)

## Contact

---

**Address** Iapmd UK  
275 New North Road  
Islington 1579  
London  
N1 7AA

**Phone** 07432410743

**Email** [UK@iapmd.org](mailto:UK@iapmd.org)

**Website** <https://www.iapmd.org/united-kingdom>

## Activities

---

**Objects:** TO ADVANCE GOOD HEALTH FOR THE PUBLIC BENEFIT BY: I. PROMOTING EDUCATION AND PROFESSIONAL DEVELOPMENT OPPORTUNITIES FOR HEALTHCARE PROFESSIONALS, RESEARCHERS AND SUPPORT PROVIDERS IN THE UNITED KINGDOM TO ADVANCE THEIR KNOWLEDGE OF PREMENSTRUAL DYSPHORIC DISORDER (PMDD), PREMENSTRUAL EXACERBATION (PME), AND RELATED PREMENSTRUAL DISORDERS. II. IMPROVING THE RECOGNITION, DIAGNOSIS, TREATMENT, AND MANAGEMENT OF PMDD AND PME. III. PROMOTING RESEARCH INTO THE CAUSES, IMPACT, AND TREATMENT OF PREMENSTRUAL DISORDERS, AND TO DISSEMINATE AND APPLY FINDINGS TO IMPROVE PROFESSIONAL PRACTICE AND PUBLIC UNDERSTANDING.

**Activities:** IAPMD UK aims to advance knowledge and understanding of Premenstrual Dysphoric Disorder (PMDD) and Premenstrual Exacerbation (PME) via professional education for service providers and by supporting evidence-led research on premenstrual disorders.

## Classification

---

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** People With Disabilities, The General Public/mankind

## Geography

---

- Northern Ireland
- Scotland
- Throughout England And Wales

## Trustees

---

Name	Role	Appointed
Dr Aaron Kinghorn	Chair	2025-12-02
Dr Lynsay Matthews		2025-12-02
Dr Sophie Hodgetts		2025-12-02

---