

MIND THE GAP MUSIC GROUP

England & Wales · Charity number 1215667

Details

Other names MIND THE GAP

Status Registered

Legal form CIO

Registered 2025-11-06

Register [View on the Charity Commission register](#)

Contact

Address 3 Woburn Street
Norwich
NR2 2RQ

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Website <https://mindthegapmusic.org>

Activities

Objects: TO RELIEVE THE NEEDS OF ADULTS WITH MENTAL AND PHYSICAL HEALTH CONDITIONS AND THEIR FAMILIES IN NORWICH AND THE COUNTY OF NORFOLK, PRIMARILY THROUGH THE PROVISION OF MUSIC AND ART BASED ACTIVITIES AND EXPERIENCES.

Activities: Mind The Gap is a Music for Mental Health charity. We run various music sessions in our community and in our local hospitals helping people to connect through music and creative expression. We offer safe spaces where our members can meet and play, sing, learn instruments and build their confidence through music. We run in Norwich and Norfolk and aim to make music accessible to all in our region.

Classification

- **How:** Provides Services
- **What:** General Charitable Purposes, Disability, Arts/culture/heritage/science, Other Charitable Purposes
- **Who:** People With Disabilities, The General Public/mankind

Geography

- Norfolk

Trustees

| Name | Role | Appointed |
|-----------------------------|-------|------------|
| Nikki Rose Wyrđ | Chair | 2023-12-15 |
| GEOFFREY JAMES GOOD BSC FCA | | 2024-12-13 |
| Joe Cooper | | 2026-03-20 |
| Paul Matthew Knight | | 2025-03-18 |
| Paul Stacey | | 2025-11-20 |
| Sarah Sutton | | 2026-03-20 |