

# HER CIRCLE

England & Wales · Charity number 1215447

## Details

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**Other names** HER CIRCLE CIC

**Status** Registered

**Legal form** CIO

**Registered** 2025-10-21

**Register** [View on the Charity Commission register](#)

## Contact

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**Website** [www.hercirclene.co.uk](http://www.hercirclene.co.uk)

## Activities

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**Objects:** THE OBJECT OF THE CIO, TO BE CARRIED OUT FOR THE PUBLIC BENEFIT IN ENGLAND, IS: TO PRESERVE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF, AND RELIEVE THE NEEDS OF, WOMEN EXPERIENCING 'COMPLEX MOTHERHOOD' AND WOMEN WHO ARE RECOVERING FROM TRAUMA AND ABUSE RELATED TO THEIR OWN MOTHERS' EXPERIENCE OF 'COMPLEX MOTHERHOOD' AND THE IMPACT THAT MAY HAVE HAD ON THEM, IN PARTICULAR BUT NOT EXCLUSIVELY BY: A) PROVIDING PRACTICAL ADVICE, INFORMATION, ACTIVITIES, COURSES, SUPPORT NETWORKS, ADVOCACY AND PEER SUPPORT SESSIONS TO WOMEN IN NEED; B) RAISING AWARENESS AMONGST LEGAL, MEDICAL AND SOCIAL CARE PROFESSIONALS WITH THE AIM OF CONTRIBUTING TO THE PROVISION OF MORE INFORMED, COMPASSIONATE, AND EFFECTIVE SERVICES AND POLICIES WHICH IMPROVE THE EXPERIENCES AND OUTCOMES OF WOMEN IN NEED; C) PROMOTING RESEARCH, THE USEFUL RESULTS OF WHICH WILL BE PUBLISHED, DESIGNED TO INCREASE UNDERSTANDING OF 'COMPLEX MOTHERHOOD' AND THE ISSUES IT GIVES RISE TO; D) EMPHASISING THE IMPORTANCE OF WOMEN'S LIVED EXPERIENCE TO ENSURE THEIR INVOLVEMENT IN THE DESIGN OF SERVICES AND POLICY. FOR THE PURPOSE OF THIS CLAUSE, 'COMPLEX MOTHERHOOD' MEANS THE EXPERIENCE OF MOTHERING WHILST MANAGING MULTIPLE CHALLENGES SUCH AS HOMELESSNESS, POOR MENTAL HEALTH, SUBSTANCE MISUSE, SEXUAL EXPLOITATION, DOMESTIC ABUSE, TRAUMA, POVERTY, THE CRIMINAL JUSTICE OR CARE SYSTEMS AND THE RESULTANT TRAUMA.

**Activities:** Her Circle specialises in issues related to complex motherhood and women's recovery from trauma and abuse within that area. We raise women's voices to contribute to research, increase understanding, and ensure their involvement in the design of services and policies. Our support work is delivered in the North East, with research and systems change contributing to national work.

## Classification

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- **How:** Provides Services
- **What:** Disability
- **Who:** Other Defined Groups

## Geography

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- Throughout England And Wales

## Trustees

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Name	Role	Appointed
<b>Karen Broadhurst</b>	Chair	2025-10-21
Chloe-Ellen Titterton		2026-03-13
Dr Kathryn Suzanne Jackson		2025-10-21
Gillian Robson		2025-10-21
Laura Seebohm		2025-10-21
Sarah Joanne Hellens		2026-01-26