

# CARE TO LISTEN

England & Wales · Charity number 1215028

## Details

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Status	Registered
Legal form	Charitable company
Company number	<a href="#">06632558</a>
Registered	2025-09-19
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	188 Selsden Road Croydon CR2 6PL
Phone	02086162160
Email	<a href="mailto:n.cooper@caretolisten.co.uk">n.cooper@caretolisten.co.uk</a>
Website	<a href="http://www.caretolisten.co.uk">www.caretolisten.co.uk</a>

## Activities

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**Objects:** FOR THE PUBLIC BENEFIT, THE RELIEF OF MENTAL ILLNESS AND THE PRESERVATION AND PROTECTION OF GOOD MENTAL HEALTH IN THE LONDON BOROUGH OF CROYDON AND THE SURROUNDING AREA BY:1. PROVIDING AFFORDABLE INTEGRATED COUNSELLING AND PSYCHOTHERAPY SERVICES TO INDIVIDUALS IN NEED, PARTICULARLY THOSE FACING FINANCIAL CONSTRAINTS, BY OFFERING SUCH SERVICES ON A LOW-COST, SLIDING SCALE OR FREE OF CHARGE BASIS.2. PROVIDING TRAINING TO COUNSELLORS AND THERAPISTS WHO PROVIDE SUCH COUNSELLING AND THERAPY.

**Activities:** The advancement of health and the saving of lives by offering an affordable integrative counselling service for people suffering from stress, anxiety and other emotional difficulties or who are in need of counselling by reason of their social and economic circumstances, which is accessible to all in the London Borough of Croydon and surrounding areas

## Classification

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- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

## Geography

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- **Area of benefit:** CROYDON AND THE SURROUNDING AREA
- Croydon

## Trustees

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Name	Role	Appointed
<b>Vanessa Blyth</b>	Chair	2025-01-27
Danny Monfries		2025-01-27
Lisa Moynihan		2025-01-27
Nicole Small		2025-01-27