

ADAM'S LIGHT

England & Wales · Charity number 1214994

Details

Status Registered

Legal form CIO

Registered 2025-09-17

Register [View on the Charity Commission register](#)

Contact

Address 5 Pages Avenue
Bexhill-On-Sea
TN39 3AP

Phone 07880662341

Email laurencarvalho1@gmail.com

Activities

Objects: TO PROMOTE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF YOUNG PEOPLE THROUGH:A) PROVIDING TALKS, WORKSHOPS TO YOUNG PEOPLE, SCHOOLS, COLLEGES AND WIDER COMMUNITY ORGANISATIONS THAT ENGAGE WITH YOUNG PEOPLE ON SUICIDE PREVENTION AND MENTAL HEALTH;B) RAISING AWARENESS OF SUICIDE IN YOUNG PEOPLE; C) PROVIDING BEST PRACTICES, SKILLS, AND INITIATIVES TO PROMOTE LEARNING ABOUT SUICIDE PREVENTION.'D) SIGNPOSTING TO APPROPRIATE SUPPORT WHEN REQUIRED;E) SUCH OTHER WAYS AS THE TRUSTEES MAY DETERMINE.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

Geography

- Throughout England

Trustees

Name	Role	Appointed
Dinah Ouzman	Chair	
Harry Clarke		
Lesley Henty		
Tom O'Malley		