

ONE LIFE ONE LOVE HEALTHY LIFESTYLE FOUNDATION

England & Wales · Charity number 1214578

Details

Status Registered

Legal form CIO

Registered 2025-08-18

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: THE RELIEF OF NEED OF THOSE IN THE LONDON BOROUGHES OF NEWHAM, TOWER HAMLETS, HACKNEY, AND THE SURROUNDING AREA, WHO ARE IN NEED DUE TO THEIR YOUTH, AGE, INFIRMITY, DISABLEMENT, SOCIAL AND/OR ECONOMIC CIRCUMSTANCES, BY:(A) ASSISTING BENEFICIARIES WITH ACCESSING NHS SERVICES(B) PROVIDING EDUCATION CLASSES ON HEALTHCARE ISSUES AND FITNESS(C) PROVIDING SOCIAL AND LEISURE TIME ACTIVITIES”

Activities: One Life One Love Healthy Lifestyle Foundation promotes mental, physical and emotional wellbeing through workshops, community programmes and advocacy. We provide health education, resilience training, signposting and empowerment initiatives for adults and young people. We also raise awareness of national and international health campaigns to reduce inequalities and strengthen community wellbeing.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, People With Disabilities

Geography

- Hackney
- Newham
- Tower Hamlets

Trustees

Name	Role	Appointed
Mercy Owusuah OKAI	Chair	2025-05-03
Alice Abena Animwaah Dike		2025-05-03
Esther Oludolapo Abodunrin George		2025-12-12
Hassana Ameley Sampah		2026-01-30