

YO-CHI UNLIMITED

England & Wales · Charity number 1213917

Details

Status Registered

Legal form CIO

Registered 2025-07-03

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: FOR THE PUBLIC BENEFIT, THE RELIEF OF SICKNESS OF CHILDREN AND YOUNG PEOPLE UP TO THE AGE OF 21 WHO ARE IN END OF LIFE CARE, HAVE LIFE LIMITING CONDITIONS/DISABILITIES OR CHILDREN/YOUNG PEOPLE WITH EMOTIONAL, BEHAVIOURAL OR MENTAL HEALTH DIFFICULTIES THROUGH:A) THE PROVISION OF PROGRAMMES, SERVICES AND TECHNIQUES, INCLUDING YOGA, REFLEXOLOGY AND TAI-CHI, DIRECTED TOWARDS RELIEVING THE EFFECTS OF TREATMENT, STRESS AND ANY ASSOCIATED SYMPTOMS AND PROVIDING COMFORT AND RELAXATION; B) ADVANCING THE EDUCATION OF CAREGIVERS, THERAPISTS AND TEACHERS IN SUCH TECHNIQUES SO THAT THEY ARE ABLE TO DELIVER THESE PROGRAMMES TO CHILDREN IN THEIR CARE WITH A VIEW TO RELIEVING THEIR SYMPTOMS AND AIDING IN COMFORT AND RELAXATION;C) PARTNERING WITH SCHOOLS AND OTHER CHARITABLE ORGANISATIONS TO DELIVER THE ABOVE ACTIVITIES; AND D) SUCH OTHER WAYS AS THE TRUSTEES MAY DETERMINE.

Activities: Yo-Chi unlimited is dedicated to improving the physical, mental, and emotional wellbeing of children through our unique programme that combines Seasonal Yoga, Tai Chi, reflexology, drama, story massage, breathwork and mindfulness. Delivered in schools, hospices and community settings, Yo-Chi supports children to be creative, connect with nature and with their own body and learn tools for life.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Other Charitable Activities
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Throughout England And Wales

Trustees

Name	Role	Appointed
Nigel Bird	Chair	2025-03-25
Julie Kennedy		2025-03-25
Laura Wills		2025-10-29
Wendy Varcoe		2025-09-04