

DAY SIX

England & Wales · Charity number 1213852

Details

Status Registered

Legal form CIO

Registered 2025-06-27

Register [View on the Charity Commission register](#)

Contact

Address 12 Low Meadow Close
Rowlands Gill
NE39 2BR

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Website day-six.org

Activities

Objects: THE OBJECTS OF THE CIO ARE:(A) TO PROMOTE THE HEALTH AND WELLBEING OF MEN AGED 15 AND OVER, IN ACCORDANCE WITH A CHRISTIAN ETHOS, BY PROVIDING ACCESS TO FITNESS SESSIONS, SUPPORT GROUPS, DROP-IN SERVICES, AND COMMUNITY ACTIVITIES DESIGNED TO ADDRESS PHYSICAL, EMOTIONAL, AND MENTAL HEALTH CHALLENGES SPECIFICALLY AFFECTING MEN.AND(B) TO ADVANCE THE CHRISTIAN FAITH FOR THE PUBLIC BENEFIT IN ACCORDANCE WITH THE STATEMENT OF FAITH ADOPTED BY THE CHARITY, INCLUDING (BUT NOT LIMITED TO) FAITH-BASED MEETINGS OFFERED REGULARLY AND OPEN TO ALL BENEFICIARIES.THE RESTRICTION TO MALE BENEFICIARIES AGED 15 AND OVER IS MADE IN ACCORDANCE WITH SCHEDULE 3, PART 7 OF THE EQUALITY ACT 2010, AS A PROPORTIONATE MEANS OF ACHIEVING THE LEGITIMATE AIM OF ADDRESSING THE DISTINCT NEEDS AND DISADVANTAGES EXPERIENCED BY THIS GROUP.

Activities: Mens Fitness Sessions, Drop in Services and Gatherings all designed to motivate and support men with their physical and mental health, faith and overall wellbeing.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Religious Activities
- **Who:** Other Defined Groups, The General Public/mankind

Geography

- Throughout England

Trustees

Name	Role	Appointed
Chad James Junior Sims	Chair	2025-06-27
Karen Anne Turner		2026-05-18
Margaret Nichol		2025-06-27
Wesley Grant Waites		2025-06-27