

I AM CONFIDENT

England & Wales · Charity number 1213840

Details

Status Registered

Legal form CIO

Registered 2025-06-27

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: TO PRESERVE AND PROTECTION THE GOOD MENTAL AND PHYSICAL HEALTH OF WOMEN OVER THE AGE OF 18 IN BOURNEMOUTH, POOLE AND THE SURROUNDING AREA IN PARTICULAR BY THE PROVISION OF ADVICE, GUIDANCE AND SUPPORT ON A RANGE OF ISSUES SUCH AS DEPRESSION, ANXIETY, ISOLATION, LONELINESS AND CONFIDENCE.

Classification

- **How:** Provides Services
- **What:** Disability

Geography

- Throughout England

Trustees

Name	Role	Appointed
Charlotte Lisa Leggett	Chair	
Abi McGinley		
Gordon Philip Carter		
Prisca Flint		
Sandra Irene Carter		