

STOP MENTAL ILLNESS FOUNDATION

England & Wales · Charity number 1213781

Details

Status Registered

Legal form CIO

Registered 2025-06-24

Register [View on the Charity Commission register](#)

Contact

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Website smif.org.uk

Activities

Objects: TO PRESERVE AND PROTECT THE MENTAL HEALTH AND WELLBEING OF PEOPLE LIVING IN ENGLAND, BY:A) PROVIDING INFORMATION, ADVICE, SUPPORT, AND SIGNPOSTING TO PROMOTE POSITIVE MENTAL HEALTH AND WELLBEING ACROSS ALL STAGES OF LIFE, DELIVERED THROUGH TRAINING, SEMINARS, WORKSHOPS, OUTREACH PROJECTS, AND ONLINE RESOURCES;B) RAISING AWARENESS OF THE FACTORS THAT NEGATIVELY IMPACT MENTAL HEALTH AND CAMPAIGNING TO REDUCE STIGMA AND DISCRIMINATION ASSOCIATED WITH MENTAL ILL HEALTH;C) OFFERING SPECIALIST MENTAL HEALTH SUPPORT, INCLUDING THERAPEUTIC SERVICES, COUNSELLING, AND GUIDED REFERRALS TO ACCREDITED MENTAL HEALTH PROFESSIONALS AND PARTNER ORGANISATIONS;D) PROMOTING THE INCLUSION AND REPRESENTATION OF INDIVIDUALS WITH MENTAL HEALTH CONDITIONS AND ASSOCIATED DISABILITIES BY WORKING COLLABORATIVELY WITH OTHER CHARITIES, COMMUNITY GROUPS, AND PUBLIC SECTOR BODIES.

Activities: SMIF is dedicated to improving mental health awareness, advocacy, and access to culturally appropriate education and services. Through culturally relevant activities, campaigns, and research, we reduce stigma and boost wellness, bridging gaps for underserved, marginalised and underrepresented groups, including Black, Asian, and minority ethnic communities, Indigenous people, and trauma survivors.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** The General Public/mankind

Geography

- Throughout England

Trustees

Name	Role	Appointed
Oluseyi Elizabeth Odudimu	Chair	2025-06-24
Adeoye Ojajuni		2025-09-29
Francis Odudimu-Olatunde		2025-06-24
Joana Raquel Santos de Almeida		2025-06-24
Lillian Sadoh		2025-06-24