

# CAMBRIDGE INTERBEING PRACTICE CENTRE

England & Wales · Charity number 1213722

## Details

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**Status** Registered

**Legal form** Other

**Registered** 2025-06-20

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Station Road  
Wilburton  
Ely  
CB6 3PY

**Phone** 07532646389

**Email** [cambridgeinterbeingpc@gmail.com](mailto:cambridgeinterbeingpc@gmail.com)

**Website** <https://www.caminterbeing.org.uk/practice-centre/>

## Activities

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**Objects:** THE ADVANCEMENT OF THE BUDDHIST RELIGION IN THE EAST OF ENGLAND FOR THE PUBLIC BENEFIT IN ACCORDANCE WITH ZEN BUDDHIST PRINCIPLES MAINLY, BUT NOT EXCLUSIVELY, THROUGH: A. HOLDING MEDITATION SESSIONS, TALKS, AND RELIGIOUS RITUALS. B. INTRODUCING ZEN BUDDHIST PRACTICES AND MINDFULNESS TEACHINGS TO ADHERENTS AND THE GENERAL PUBLIC. C. PROVIDING OF A PLACE FOR ZEN BUDDHIST PRACTICES AND FOR RELIGIOUS OUTREACH.

**Activities:** We promote Buddhist teachings to achieve mental and physical wellbeing by meditation, support from one another and connecting with nature. We promote care for the environment and peace in oneself and the world. Our centre is located in an idyllic old orchard in Wilburton, Ely, with a log cabin and outbuildings. Information: <https://www.caminterbeing.org.uk/practice-centre/>

## Classification

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- **How:** Provides Buildings/facilities/open Space
- **What:** Religious Activities
- **Who:** The General Public/mankind

## Geography

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- Bedford
- Cambridgeshire
- Central Bedfordshire
- Essex
- Hertfordshire
- Luton
- Norfolk
- Peterborough City
- Suffolk

## Trustees

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| Name                    | Role  | Appointed  |
|-------------------------|-------|------------|
| <b>Dr Lluisa Astruc</b> | Chair | 2025-01-16 |
| Alan Dixon              |       | 2025-01-16 |
| Dr Beverley Carpenter   |       | 2026-01-16 |
| TAK JEE ANGELA TAM      |       | 2025-01-16 |