

AKT UP

England & Wales · Charity number 1213696

Details

Status Registered

Legal form CIO

Registered 2025-06-18

Register [View on the Charity Commission register](#)

Contact

Address 5 Rosefield Lane
Newhall
Harlow
CM17 9SE

Phone 07782283953

Email terry@aktup.co.uk

Website www.AKTUp.co.uk

Activities

Objects: THE OBJECT OF THE CIO ISTO ACT AS A RESOURCE FOR YOUNG PEOPLE AGED BETWEEN 12 AND 30 LIVING IN THE UK BY PROVIDING ADVICE AND ASSISTANCE AND ORGANISING PROGRAMMES OF PHYSICAL, EDUCATIONAL AND OTHER ACTIVITIES AS A MEANS OF:A) ADVANCING IN LIFE AND HELPING YOUNG PEOPLE BY DEVELOPING THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS INDEPENDENT, MATURE AND RESPONSIBLE INDIVIDUALS;B) ADVANCING EDUCATION;C) RELIEVING UNEMPLOYMENT;D) PRESERVING AND PROTECTING GOOD HEALTH E) PROVIDING RECREATIONAL AND LEISURE TIME ACTIVITY IN THE INTERESTS OF SOCIAL WELFARE WITH A VIEW TO IMPROVING THEIR CONDITIONS OF LIFE.

Activities: The AKT Up initiative seeks to help young people improve their mental, physical and economic circumstances, achieve their potential, and foster positive community engagement:Active: Promote physical activity as a means of improving health and wellbeing.Knowledge: Share education, skills, and information to empower individuals and groups.Thriving: Support mental and emotional wellbeing

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Children/young People

Geography

- Northern Ireland
- Scotland
- Throughout England

Trustees

Name	Role	Appointed
Erwin Owusu-Gyamfi	Chair	2025-06-18
Adrian Williams		2025-06-19
Ahmed Omoleke Sholuade		2025-10-19
Serena May Lee Stephen		2025-06-19
TERENCE DAVID LEE DONOVAN		2025-10-19