

FIRST CONTACT UK MENTAL HEALTH

England & Wales · Charity number 1213464

Details

Status Registered

Legal form CIO

Registered 2025-05-29

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: FOR THE PUBLIC BENEFIT, TO RELIEVE THE NEEDS OF PEOPLE LIVING IN THE TEES VALLEY EXPERIENCING OR AT RISK OF POOR MENTAL HEALTH THROUGH THE PROVISION OF ACTIVITIES THAT SUPPORT MENTAL HEALTH AND A SIGNPOSTING SERVICE TO ENABLE THEM TO FIND AND ACCESS MENTAL HEALTH SUPPORT AND MENTAL HEALTH RESOURCES.

Activities: Mental Health Support

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- Darlington
- Hartlepool
- Middlesbrough
- North Yorkshire
- Redcar And Cleveland
- Stockton-on-tees

Trustees

Name	Role	Appointed
Thomas Joseph Judge		2025-06-01
