

# EFA (EMPOWER FEMALE AUTISM)

England & Wales · Charity number 1213206

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2025-05-08

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 6a Church Street  
High Wycombe  
HP11 2DE

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**Email** [efa.charity@aol.com](mailto:efa.charity@aol.com)

**Website** [www.efacharity.org](http://www.efacharity.org)

## Activities

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**Objects:** TO SUPPORT AND ADDRESS THE NEEDS OF WOMEN WHO ARE ON THE AUTISTIC SPECTRUM IN PARTICULAR BUT NOT EXCLUSIVELY BY:1. THE PROVISION OF ADVICE, GUIDANCE, SUPPORT AND INFORMATION TO THOSE WOMEN AFFECTED BY AUTISM.2. PROVIDING SUPPORT, EDUCATION AND PRACTICAL ADVICE DESIGNED TO IMPROVE THEIR CONDITIONS OF LIFE AND WHICH DEVELOP THEIR SKILLS, CAPACITIES AND CAPABILITIES.

**Activities:** Support courses for women with autism, identified in adulthood Social community meet ups

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** People With Disabilities

## Geography

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- Throughout England And Wales

## Trustees

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Name	Role	Appointed
Diana Arustamova-Koumi		2025-01-02
Jack Ross		2025-01-02
Trevor Tucker		2025-09-01

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