

NT LIFE RECOVERY COLLEGE

England & Wales · Charity number 1213119

Details

Status Registered

Legal form CIO

Registered 2025-04-29

Register [View on the Charity Commission register](#)

Contact

Address 108-110 Howard Street
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Activities

Objects: THE OBJECTS OF THE CHARITY ARE TO PROMOTE AND PROTECT GOOD MENTAL HEALTH AND TO ASSIST IN RELIEVING AND REHABILITATING PERSONS SUFFERING FROM MENTAL HEALTH DISORDERS OR MENTAL HEALTH DISTRESS, REQUIRING ADVICE OR TREATMENT IN NORTH TYNESIDE AND SURROUNDING AREAS. IN PARTICULAR, THROUGH THE PROVISION OF PEER LED EDUCATION AND SUPPORT, SUPPORT NETWORKS AND BY PROVIDING MENTAL HEALTH AND RELATED INFORMATION AND EDUCATIONAL MATERIAL IN COLLABORATION WITH MENTAL HEALTH SERVICE PROVIDERS.

Activities: We are a peer-led mental health and wellbeing service that helps adults in North Tyneside adapt, grow and move forward with their mental health challenges and experiences, regardless of diagnoses. We help people find new purpose, and meaning, and have a fulfilling life.

Classification

- **How:** Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Other Defined Groups

Geography

- North Tyneside

Trustees

Name	Role	Appointed
kate louise clark	Chair	2025-01-30
Roger Armstrong		2025-06-05
charlotte melnis		2025-01-30
yvonne gill		2025-01-30