

THE CARE HUB MILLBROOK

England & Wales · Charity number 1213058

Details

Status Registered

Legal form CIO

Registered 2025-04-24

Register [View on the Charity Commission register](#)

Contact

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Millbrook
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Activities

Objects: THE OBJECT OF THE CIO, TO BE CARRIED OUT FOR THE PUBLIC BENEFIT WITHIN THE RAME PENINSULA AND THE SURROUNDING AREAS, IS: TO RELIEVE THE NEEDS OF ELDERLY PEOPLE AND THOSE WITH CARING RESPONSIBILITIES, THROUGH THE PROVISION OF BEFRIENDING SERVICES AND A COMMUNITY-BASED HUB DEDICATED TO PROVIDING SUPPORT, RESOURCES AND SIGNPOSTING SERVICES FOR ELDERLY PEOPLE AND CARERS DESIGNED TO ENHANCE THEIR QUALITY OF LIFE, REDUCING SOCIAL ISOLATION AND PROMOTE HEALTH AND WELL-BEING.

Activities: We aim to create a supportive environment where carers can connect, learn, and access essential services. Our focus is on enhancing the well-being of carers through meaningful connections and practical support. The Care Hub Millbrook is a community-driven initiative focused on providing essential support and resources to carers in need.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** Disability
- **Who:** Elderly/old People, The General Public/mankind

Geography

- **Area of benefit:** LOCAL
- Cornwall

Finances

Period end	Income	Expenditure	Assets	Employees
2025-10-31	£23,511	£13,480	-	-

Trustees

Name	Role	Appointed
Emma Aishling Powell	Chair	2025-04-24
Mandy Shillaker		2025-04-24
Sarah Michele Riggs		2025-04-24

THE CARE HUB MILLBROOK

England & Wales - Charity number 1213058

Accounts

CHARITY REGISTRATION NUMBER: 1213058

The Care Hub Millbrook
Unaudited Financial Statements
31 October 2025

WILLS BINGLEY PARTNERS LLP

Chartered accountants
St Denys House
22 East Hill
St Austell
Cornwall
PL25 4TR

The Care Hub Millbrook

Financial Statements

Year ended 31 October 2025

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The Care Hub Millbrook

Trustees' Annual Report

Year ended 31 October 2025

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 October 2025.

Reference and administrative details

Registered charity name The Care Hub Millbrook

Charity registration number 1213058

Principal office 1 West Quay
The Old Bank
Millbrook
Cornwall

The trustees

Mrs EA Powell	(Appointed 24 April 2025)
Mrs M Shillaker	(Appointed 24 April 2025)
Mrs SM Riggs	(Appointed 24 April 2025)

Accountants Wills Bingley Partners LLP
Chartered accountants
St Denys House
22 East Hill
St Austell
Cornwall
PL25 4TR

The Care Hub Millbrook

Trustees' Annual Report *(continued)*

Year ended 31 October 2025

Structure, governance and management

Trustees

Emma Powell, Chair:

Emma moved to the Rame Peninsula in 1999. She is a specialist in Business Administration and IT; she worked fulltime as an IT Support Analyst for both Wimpey Construction and then the Institute of Chartered Accountants England & Wales. Since moving to the area, Emma has supported several small businesses and charities with her wide and varied experience and knowledge. Having been a carer for a close family member herself, she is passionate in supporting others who are or may have been in a similar position.

Mandy Shillaker, Company Secretary:

Mandy worked for the Department of Work and Pensions, formerly the DHSS and DSS for 37 1/2 years, retiring as an Executive Officer. She has a wealth of experience in welfare benefits, particularly pension-related benefits such as Attendance Allowance, and provides direct support to those needing help in our community. Mandy has been a volunteer at the charity shop for the last 9 years. Sarah Riggs, Trustee: Sarah came to the Rame Peninsula over 30 years ago to run her own business. She has a volunteering background as a School Governor, Parish Councillor and First Responder; Sarah was a Justice of the Peace in Adult, Youth and Family Courts for over 10 years. She is currently working at the local Foodbank. Sarah has a particular interest in the support of carers due to her own personal experiences.

Sarah Riggs, Trustee: Sarah came to the Rame Peninsula over 30 years ago to run her own business. She has a volunteering background as a School Governor, Parish Councillor and First Responder; Sarah was a Justice of the Peace in Adult, Youth and Family Courts for over 10 years. She is currently working at the local Foodbank. Sarah has a particular interest in the support of carers due to her own personal experiences.

Staff Members

Michelle Maunder, Project Coordinator:

Michelle has a background of writing grant applications and projects along with coordinating and managing various grant based projects both locally and in Europe. The content has ranged from international exchanges for Senior Volunteers to the creation of major new training and support packages; all transferable skills which fit immediately into the work at the Care Hub.

Tracey Leggett, Volunteer Coordinator and Support Worker:

Tracey has had numerous years of working in the care sector. Initially, working in elderly home care for 3 years and then as a care worker in a nursing home mainly working in end-of-life care. She then moved into a role as a senior support worker in a hostel for homeless adults, where most of the residents had issues with alcohol and drug addiction.

Objectives and activities

At The Care Hub Millbrook, we aim to create a supportive environment where carers can connect, learn, and access essential services. Our focus is on enhancing the well-being of carers through meaningful connections and practical support. The Care Hub Millbrook is a community-driven initiative focused on providing essential support and resources to carers in need. We strive to empower carers through connection, education, and practical assistance. Many people care for a partner, family member or friend but most do not think of themselves as carers and therefore do not ask for the help and support that is available to them.

The Care Hub Millbrook

Trustees' Annual Report *(continued)*

Year ended 31 October 2025

Achievements and performance

With the support of our community, we were officially registered as a CIO (Charitable Incorporated Organisation) with the Charity Commission on 24th April 2025 as The Care Hub Millbrook. We are lucky enough to have been able to repurpose 1-2 West Quay to become an information/support point for carers and families - essentially a single-focus community centre in the heart of Millbrook village, serving the whole of the Rame Peninsula. The charity leases the building in which it resides and has a successful well established charity shop on the ground floor.

Millbrook has been ranked by the LSOA 11,299 out of 32,844 LSOA's in England. This is amongst the 40% most deprived neighbourhoods in the country. According to the ONS census 2001, the highest proportion of the population of adults in the Rame Peninsula are aged over 75. The proportion of the population in SE Cornwall are over the age of 65, which is higher than the England average (18.5% / 27%). With an aging population, the pressures on the already fragile care system will only increase. While living longer is considered a positive, the time spent living with a long-term illness or disability is increasing. The number of people with dementia is expected to rise by 49% over the next 15 years: although not a normal part of aging, its prevalence increases with age. Currently 11.9% of Cornwall's residents (approx. 68,000 people) provide unpaid care to a family member, friend, or neighbour. The disproportionate impact in Cornwall of an increasing population, with a higher and higher average age, will only increase the need for care and further impact on local families and the wider local community. Residents are living for longer and unfortunately there are not enough paid carers to support our elderly residents. More and more family members are caring for loved ones without physical and emotional support. We want to empower carers by providing them with support and resources to improve their quality of life and develop the skills necessary to become more confident in their caring role. The Care Hub is working extremely hard on a major crisis affecting our community: adult social care. Through the Hub we are currently offering various activities aimed at supporting carers and older residents such as: free training for carers/family members, volunteer befriending service, access to advice and counselling, benefits and form filling, health and wellbeing, peer support groups, emotional support. We are aware that there is no other provider of the service we aim to offer locally and residents of Millbrook and the Rame Peninsula have poor connectivity to healthcare services. Through consultation with our local GP (12,000 registered) we are aware that many carers are visiting the surgery for their physical and mental health and we aim to reduce the number of visits through our vital work.

Support for carers and those being cared for is critical in order to reduce the impact on the NHS and Adult Social Services. The Care Hub also are working on developing community solutions to the bed-blocking crisis that damages our NHS immensely. Immediate support through our staff and volunteers can offer the help that enables people back into their homes and out of hospital. We are in detailed discussions with GP Surgeries, The Integrated Care Board, our local NHS Hospital along with the Primary Care Network and have full support from these organisations.

The Charity Shop is located on the ground floor of our building in Millbrook. Opening times are Monday to Friday 9:30am to 4:00pm and Saturday 9:30am to 12:30pm.

Financial review

The charity holds reserves sufficient to cover 3 months operating expenses.

The Care Hub Millbrook

Trustees' Annual Report *(continued)*

Year ended 31 October 2025

The trustees' annual report was approved on 29 April 2026 and signed on behalf of the board of trustees by:



Mrs EA Powell
Trustee

The Care Hub Millbrook

Chartered Accountant's Report to The Care Hub Millbrook on the Unaudited Financial Information of The Care Hub Millbrook

Year ended 31 October 2025

In accordance with the engagement letter dated 29 April 2026, we have prepared for your approval the financial information of The Care Hub Millbrook for the year ended 31 October 2025, which comprise the statement of financial activities, statement of financial position and the related notes from the charity's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at www.icaew.com/en/members/regulations-standards-and-guidance.

This report is made solely to the board of trustees of The Care Hub Millbrook, as a body, in accordance with the terms of our engagement letter dated 29 April 2026. Our work has been undertaken solely to prepare for your approval the financial statements of The Care Hub Millbrook and state those matters that we have agreed to state to you, as a body, in this report in accordance with ICAEW Technical Release TECH08/16AAF as detailed at www.icaew.com/compilation. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than The Care Hub Millbrook and its board of trustees, as a body, for our work or for this report.

You have approved the financial information for the year and have acknowledged your responsibility for it, for the appropriateness of the financial reporting framework adopted and for providing all informations and explanations necessary for its compilation.

We have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial information.

WILLS BINGLEY PARTNERS LLP
Chartered accountants

St Denys House
22 East Hill
St Austell
Cornwall
PL25 4TR

29 April 2026

The Care Hub Millbrook
Statement of Financial Activities
Year ended 31 October 2025

		2025	
	Note	Unrestricted funds £	Total funds £
Income and endowments			
Donations and legacies	4	2,194	2,194
Other trading activities	5	21,317	21,317
Total income		<u>23,511</u>	<u>23,511</u>
Expenditure			
Expenditure on charitable activities	6,7	13,480	13,480
Total expenditure		<u>13,480</u>	<u>13,480</u>
Net income and net movement in funds		<u>10,031</u>	<u>10,031</u>
Reconciliation of funds			
Total funds brought forward		—	—
Total funds carried forward		<u>10,031</u>	<u>10,031</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 8 to 11 form part of these financial statements.

The Care Hub Millbrook
Statement of Financial Position
31 October 2025

	Note	2025 £
Current assets		
Cash at bank and in hand		10,031
Net current assets		<u>10,031</u>
Total assets less current liabilities		<u>10,031</u>
Funds of the charity		
Unrestricted funds		10,031
Total charity funds	10	<u>10,031</u>

These financial statements were approved by the board of trustees and authorised for issue on 29 April 2026, and are signed on behalf of the board by:



Mrs EA Powell
Trustee

The notes on pages 8 to 11 form part of these financial statements.

The Care Hub Millbrook

Notes to the Financial Statements

Year ended 31 October 2025

1. General information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is 1 West Quay, Millbrook, TORPOINT, PL10 1AS.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

Currently there are no estimates or judgements in preparing the statements in the current reporting period.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

The Care Hub Millbrook

Notes to the Financial Statements *(continued)*

Year ended 31 October 2025

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

The Care Hub Millbrook

Notes to the Financial Statements *(continued)*

Year ended 31 October 2025

3. Accounting policies *(continued)*

Financial instruments *(continued)*

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

4. Donations and legacies

	Unrestricted Funds £	Total Funds 2025 £
Donations		
Donations type 1	<u>2,194</u>	<u>2,194</u>

5. Other trading activities

	Unrestricted Funds £	Total Funds 2025 £
Shop income	<u>21,317</u>	<u>21,317</u>

The Care Hub Millbrook

Notes to the Financial Statements *(continued)*

Year ended 31 October 2025

6. Expenditure on charitable activities by fund type

	Unrestricted Funds	Total Funds 2025
	£	£
Activity type 1	<u>13,480</u>	<u>13,480</u>

7. Expenditure on charitable activities by activity type

	Activities undertaken directly	Total funds 2025
	£	£
Activity type 1	<u>13,480</u>	<u>13,480</u>

8. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2025
	£
Wages and salaries	<u>2,381</u>

The average head count of employees during the year was 1.

No employee received employee benefits of more than £60,000 during the year (2024: Nil).

9. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees

10. Analysis of charitable funds

Unrestricted funds

	At 1 November 2 024	Income	Expenditure	At 31 October 2 025
	£	£	£	£
General funds	<u>—</u>	<u>23,511</u>	<u>(13,480)</u>	<u>10,031</u>

The Care Hub Millbrook

Management Information

Year ended 31 October 2025

The following pages do not form part of the financial statements.

The Care Hub Millbrook
Detailed Statement of Financial Activities
Year ended 31 October 2025

	2025 £
Income and endowments	
Donations and legacies	
Donations type 1	<u>2,194</u>
Other trading activities	
Shop income	<u>21,317</u>
Total income	<u><u>23,511</u></u>
Expenditure	
Expenditure on charitable activities	
Wages and salaries	2,381
Rent	10,000
Rates and water	437
Light and heat	39
Telephone	123
Other office costs	500
	<u>13,480</u>
Total expenditure	<u><u>13,480</u></u>
Net income	<u><u>10,031</u></u>