

HEAD OUTSIDE

England & Wales · Charity number 1212781

Details

Status Registered

Legal form CIO

Registered 2025-04-01

Register [View on the Charity Commission register](#)

Contact

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Weymouth
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Activities

Objects: TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT AMONGST PEOPLE WHO ARE SOCIALLY EXCLUDED DUE TO ILL MENTAL HEALTH BY PREVENTING SUCH PEOPLE FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY

Activities: Head Outside builds community to improve wellbeing and reduce loneliness. We bring people together through outdoor experiences, talks, workshops and gatherings that spark meaningful conversation and connection. Our work helps people feel part of something, strengthens belonging and supports better mental health.

Classification

- **How:** Provides Services
- **What:** Disability, Economic/community Development/employment, Other Charitable Purposes
- **Who:** The General Public/mankind

Geography

- Throughout England And Wales

Trustees

Name	Role	Appointed
Lucy O Connor	Chair	2025-02-02
Hayley Bryant		2025-02-02
Liberty Hanson		2026-01-19
