

THE HEAD SHACK

England & Wales · Charity number 1212626

Details

Status Registered

Legal form CIO

Registered 2025-03-21

Register [View on the Charity Commission register](#)

Contact

Address 59 Woodcroft Road
Wylam
NE41 8DQ

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Activities

Objects: TO RELIEVE THE NEEDS OF ADULTS IN NEED AS A CONSEQUENCE OF TRAUMA, ABUSE, NEGLECT, AND WHO EXPERIENCE A RANGE OF DISADVANTAGES SUCH AS SUBSTANCE ABUSE, MENTAL ILL HEALTH OR OTHER SOCIAL AND ECONOMIC DISADVANTAGE THROUGH:A) COACHING AND MENTORING TO SUPPORT AND ENABLE THEM TO BUILD CONFIDENCE, AND DEVELOP SOCIAL AND LIFE SKILLS;B) SIGNPOSTING TO APPROPRIATE SUPPORT SERVICES WHEN REQUIRED;C) PROVIDING FUNDING FOR ACTIVITIES AND TRAINING TO LEARN AND DEVELOP SKILLS AND TO ACCESS COUNSELLING;D) SUCH OTHER WAYS AS THE TRUSTEES MAY DETERMINE.

Activities: Coaching/ mentoring/ provision of grants. Based in NE England

Classification

- **How:** Makes Grants To Individuals, Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-12-31		£925	£652	-

Trustees

Name	Role	Appointed
Jonathan Peter Joures	Chair	2025-01-16
Dr Stephen Westgarth		2025-03-21
Paul Hanson		2025-03-21

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Accounts

The Head Shack: Trustees' Annual Report for the period 21 March 2025 to 31 December 202

Activities and the Creation of Public Benefit

During this period, the Head Shack has focussed primarily on providing support to other charities providing services in the North East of England. We have provided support to:

- 5 existing charities, ranging from leadership coaching, board effectiveness and managing significant change, These charities provided benefit to children and young people, including young people in excluded groups, people with dementia, people with learning disabilities, and people experiencing poverty.
- 2 individuals looking to set up charitable or community organisations with developing a business strategy and navigating the process of establishing a charity, aiming to provide benefits to people with brain tumours and their families, and to excluded communities respectively.
- Direct coaching support to one individual looking to maintain their professional status while managing complex disabilities.

Trustee Statement on Public Benefit

The trustees confirm that they have had due regard to the Charity Commission's guidance on public benefit and are satisfied that the charity's activities during this period have delivered clear and demonstrable public benefit.

The Head Shack: Receipts and Payments 2025

Starting balance 21/3/25			0.00
Donations ¹	£925		
Branding		(£600)	
Expenses, travel		(£24.50)	
Business Cards		(£27.00)	
Closing balance 31/12/25			£273.50

Total Assets: Nil

Total Liabilities: Nil

¹ Comprises £700 in trustee donations and £150 in other donations