

FYT CLUB

England & Wales · Charity number 1212350

Details

Status Registered

Legal form CIO

Registered 2025-02-28

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: THE OBJECT OF THE CIO IS: THE PRESERVATION AND PROTECTION OF GOOD HEALTH FOR THE PUBLIC BENEFIT AMONG WOMEN EXPERIENCING THE SYMPTOMS OF PERIMENOPAUSE AND MENOPAUSE, IN PARTICULAR THROUGH: A) THE PROMOTION OF PUBLIC AWARENESS OF PERI MENOPAUSE AND MENOPAUSE AND HOW IT AFFECTS WOMEN. B) THE PROMOTION OF FITNESS, HEALTH AND WELLBEING IN WOMEN IN PREPARATION FOR PERIMENOPAUSE & MENOPAUSE. C) THE PROVISION OF PEER SUPPORT, GROUP SESSIONS, INFORMATION, ADVICE AND GUIDANCE TO WOMEN EXPERIENCING PERIMENOPAUSE AND MENOPAUSE.

Classification

- **How:** Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Other Charitable Purposes
- **Who:** Other Defined Groups, The General Public/mankind

Geography

- Throughout England And Wales

Trustees

Name	Role	Appointed
Katie Brown	Chair	
Ana Bebic		
Sally Johnson		
Shehnaz OMallie		