MINDFUL GAMING UK

England & Wales · Charity number 1212285

Details

Status	Registered
Legal form	CIO
Registered	2025-02-25
Register	View on the Charity Commission register

Contact

Address	5 Longmoor Road Sutton Coldfield B73 6UB
Phone	07868196698
Email	info@mindfulgaminguk.org
Website	www.mindfulgaminguk.org

Activities

Objects: THE OBJECTS ARE:1. THE PRESERVATION AND PROTECTION OF HEALTH FOR THE PUBLIC BENEFIT BY:A) PROVIDING ADVICE AND SUPPORT FOR PEOPLE WITH GAMING DISORDERS AND THEIR FAMILIES INCLUDING THROUGH:I. AN ADVICE NETWORK; ANDII. PROVIDING OR ASSISTING IN THE PROVISION OF THERAPY FOR PEOPLE WITH GAMING DISORDERS AND THE FAMILIES IN LINE WITH THE NATIONAL GUIDELINES (NICE GUIDELINES).B) PROMOTING AND SUPPORTING RESEARCH FOR THE PUBLIC BENEFIT ON ALL ASPECTS OF GAMING DISORDERS AND THERAPEUTIC AVENUES TO TREAT OR PREVENT THEM THROUGH VIDEO GAMES AND TO PUBLISH THE USEFUL RESULTS OF SUCH RESEARCH.C) RAISING PUBLIC AWARENESS OF GAMING DISORDERS AND THERAPEUTIC AVENUES THAT ARE AVAILABLE TO TREAT OR ALLEVIATE THEM.2. THE ADVANCEMENT OF THE EDUCATION OF THE PUBLIC IN THE SUBJECT OF GAMING DISORDERS AND THEIR EFFECT ON PEOPLE.

Activities: Mindful Gaming UK aims to help people with gaming disorders by providing therapy and offering an advice network in line with the national guidelines.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** The Advancement Of Health Or Saving Of Lives, Arts/culture/heritage/science
- **Who:** Other Charities Or Voluntary Bodies, The General Public/mankind

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Geography

- Throughout England

Trustees

Name	Role	Appointed
Dr Zungu Moomba	Chair	2025-02-26
Dr Chanda Chinyama Lulembo		2025-02-26
Dr Danica Shanee Hapuarachchi		2026-04-07

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