

SOURCE OF H.E.L.P

England & Wales · Charity number 1212253

Details

Status Registered

Legal form CIO

Registered 2025-02-21

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: THE OBJECTS OF THE CIO ARE:. TO PROVIDE THE RELIEF OF PHYSICAL & MENTAL SICKNESS OF PERSONS IN NEED BY REASON OF PHYSICAL AND MENTAL ABUSE/TRAUMA OR DOMESTIC VIOLENCE IN PARTICULAR BY THE PROVISION OF COUNSELLING SERVICES AND SUPPORT SERVICES.. TO PROVIDE RELIEF OF FINANCIAL HARDSHIP BY THE PROVISION OF FREE AND SUBSIDISED COUNSELLING SESSIONS TO PERSONS WHO THROUGH LACK OF MEANS WOULD OTHERWISE BE UNABLE TO OBTAIN SUCH SUPPORT.. TO RELIEVE THE MENTAL AND PHYSICAL SICKNESS OF PERSONS RESIDENT IN THE UK SUFFERING FROM THE LONG-TERM EFFECTS OF ABUSE, TRAUMA OR DOMESTIC VIOLENCE BY THE PROVISION OF COUNSELLING AND SUPPORT SERVICES INCLUDING WORKSHOPS AND ACTIVITIES FOR SUCH PERSONS.

Classification

- **How:** Makes Grants To Individuals, Provides Other Finance, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** Disability, The Prevention Or Relief Of Poverty
- **Who:** Other Defined Groups

Geography

- Throughout England And Wales

Trustees

Name	Role	Appointed
ARLENE KAY HENRY MBE	Chair	
Ann-Marie Lewis		
Dawn Bolton		
Janet McKenzie		
Leanna Hamilton		
Norma McIntosh		
Sabrina Benjamin		
