



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

Trustees' Annual Report for the period

**From 14 February 2025 Period start date To 30 September 2025
Period end date**

Charity name: "Fore" Get Me Not Golf

Charity registration number: 1212148

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To provide facilities for recreation and leisure time occupation of individuals who have need of such facilities by reason of having Dementia, in the interests of social welfare and with the object of improving their conditions of life by the provision of facilities for playing golf.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Since its formation early in 2025, Fore Get Me Not Golf (FGMNG) have been planning and creating "Fore" Get Me Not Golf Supporting Packages to provide golf clubs with the tools, training, and structure to establish a Dementia Friendly Golf Group. Its aim is to enable people living with dementia or cognitive impairment to enjoy the social and physical benefits of golf in a safe, inclusive, and supportive environment. Dementia Awareness Workshops—funded by FGMNG—are offered to staff and volunteers to help them understand and support people with dementia effectively. The Groups also provide some respite time and peer support to the carers of those looking after and caring for someone with dementia. The provision of golf provides an activity that is beneficial to the person with dementia's wellbeing, physical health and enabling inclusion in an activity that they may have once participated, but then became excluded from due to their illness.

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In setting objectives, developing strategies and undertaking activities, the Trustees have considered the Charity Commission's guidance on public benefit.
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	As a small and growing charity in its early days, the contribution made by volunteers both in the golf clubs and the heath care sectors is invaluable. There is little funding available to support the aims and activities of the charity – the time and energy given by all our volunteers is so important to its success.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Since the formation of the charity we have been planning, preparing and consulting in developing Fore Get Me Not Golf Dementia packages within the home of Fore Get Me Not Golf at Seckford Golf Club. Volunteers were provided with training for these activities by people in the Health Sector and specifically in the Dementia care sector. Packages were designed and developed with the beneficiary and carer completely in mind to ensure delivery of the service in a caring and safe environment.

		The package equips clubs to launch and run their own dementia-friendly sessions, supported by an agreement with "Fore" Get Me Not Golf Seckford. Included are template documents such as membership and consent forms, risk assessments, volunteer applications, policies, and administrative guidance. The charity initially started with 1 day a month to run the Group at Seckford Golf Club, which was run by the founding trustees and volunteers. The numbers grew both for those suffering with Dementia and their carers so that a second group on a different day was created which soon became successful. At the year end there were 5 "Fore" Get Me Not Golf Groups in the UK with more in the initial planning stages to start in early 2026. The charity generated sufficient income to not only operate and create the packages but also sufficient to be able to donate its first funds to charities that are aimed at finding cures for dementia. In the first period of accounts we have made a donation to Alzheimer's Research to show commitment to this cause. The first period of accounts includes some costs of developing the founding groups, which has been greatly reduced by the giving of time and space to the charity. One or two sponsors have been found who give both their time, their name and funds to further develop the Golf Packages to enable more people suffering with Dementia and their carers to be supported through the charity.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity's first accounts to 30 September 2025 have generated a surplus of £17,251 which will enable the charity to support and develop more Groups around the country and as a result increase the numbers of beneficiaries receiving support from this activity. The funds are all unrestricted and can be used in the most effective way to increase the number of beneficiaries who can receive this support.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Trustees have an aim of holding unrestricted funds covering the costs of supporting Fore Get Me Not Golf Groups for 6 months in their development stages.
Amount of reserves held	Para 1.22	At 30 September 2025, the financial period end, the reserves stood at £17,251
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	At this stage there are no concerns about the charity continuing as a going concern.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The sources of funds for FGMNG include: - Donations - Sponsorship by local businesses - Fundraising events held during the year by Golf Clubs or in local communities
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	FGMNG is governed by a Charitable Incorporated Organisation (CIO) Foundation Constitution which was adopted on 14 th February 2025 when FGMNG was first registered with the Charity Commission.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	New trustees are appointed by the existing trustees for a term of four (4) years.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	On appointment of a new trustee, they will be provided with the current governing document and a copy of the latest financial accounts. They will also be given the current policies in place as well as provided with the requisite training to better understand the needs and requirements of those suffering with dementia.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	"Fore" Get Me Not Golf
Other name the charity uses	
Registered charity number	1212148
Charity's principal address	Seckford Golf Club (Woodbridge) Seckford Hall Road Woodbridge Suffolk IP13 6NT

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mr A Pennock			
2	Mrs S Hayward	Chair		
3	Mrs J Pennock			
4	Ms L Rogers			
5	Dr T Barry		Apptd 19 January 2026	
6	Mrs S Hurn		Apptd 19 January 2026	
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address
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Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	LOUISE M ROGERS	
Position (eg Secretary, Chair, etc)	TRUSTEE	
Date	30 JULY 2026	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
"Fore" Get Me Not Golf

No (if any)
1212148

Receipts and payments accounts

CC16a

For the period
from

Period start date
14/02/2025

To

Period end date
30/09/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	23,708	-	-	23,708	-
Legacy	1,500	-	-	1,500	-
Charitable activities	9,308	-	-	9,308	-
Fundraising	1,559	-	-	1,559	-
Sponsors'ip	8,100	-	-	8,100	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	44,175	-	-	44,175	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	44,175	-	-	44,175	-
A3 Payments					
Administration costs	17,025	-	-	17,025	-
Travel and subsistence	2,592	-	-	2,592	-
Internet and phone costs	159	-	-	159	-
Advertising costs	2,507	-	-	2,507	-
Computer costs	838	-	-	838	-
Charitable activities	3,126	-	-	3,126	-
Charitable donations	600	-	-	600	-
Bank charges	17	-	-	17	-
Trustee meeting costs	60	-	-	60	-
Sub total	26,924	-	-	26,924	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	26,924	-	-	26,924	-
Net of receipts/(payments)	17,251	-	-	17,251	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	17,251	-	-	17,251	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	17,251	-	-
		-	-	-
		-	-	-
	Total cash funds	17,251	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees

Charity Name
"Fore" Get Me Not Golf

On accounts for the year ended

30 September 2025

Charity no
(if any) **1212148**

Set out on pages

1 to 2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30 / 09 / 2025.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

~~[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.~~

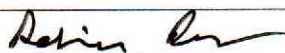
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:



Date:

29/07/2026

Name:

Adrian Rush

Relevant professional qualification(s) or body

AAT

(if any):

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Address:

150 Chelsworth Road

Felixstowe

IP11 2UJ

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

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