

ROOH HEALTH & WELLBEING

England & Wales · Charity number 1211963

Details

Status Registered

Legal form CIO

Registered 2025-01-31

Register [View on the Charity Commission register](#)

Contact

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Website <https://rooh.org.uk/>

Activities

Objects: THE OBJECTS OF THE CIO ARE:-TO ADVANCE THE EDUCATION OF THE PUBLIC IN GENERAL (AND PARTICULARLY AMONGST SIKH AND SOUTH ASIAN COMMUNITIES) ON ALL ASPECTS OF THE SUBJECT OF MENTAL HEALTH, PHYSICAL WELLBEING AND RECOVERY; AND TO PRESERVE AND PROTECT PHYSICAL AND MENTAL HEALTH IN PARTICULAR BUT NOT EXCLUSIVELY BY THE PROVISION OF EDUCATION, AWARENESS, ADVICE AND INFORMATION THROUGH WORKSHOPS / EVENTS AND SUPPORT AND TO PROVIDE ACTIVITIES THAT HAVE A PROVEN BENEFICIAL EFFECT ON HEALTH. NOTHING IN THIS CONSTITUTION SHALL AUTHORISE AN APPLICATION OF THE PROPERTY OF THE CIO FOR THE PURPOSES WHICH ARE NOT CHARITABLE IN ACCORDANCE WITH [SECTION 7 OF THE CHARITIES AND TRUSTEE INVESTMENT (SCOTLAND) ACT 2005] AND [SECTION 2 OF THE CHARITIES ACT (NORTHERN IRELAND) 2008.

Activities: Provision of education, awareness, advice and information through workshops / events and support and to provide activities that have a proven beneficial effect on health.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

Geography

- Throughout England And Wales

Trustees

Name	Role	Appointed
Naminder Panesar Soorma	Chair	2024-07-23
Dylan Bhandal		2024-07-23
Gurjot Nijjar		2024-08-22
Lokesh Soni		2024-07-23