

8:56 FOUNDATION

England & Wales · Charity number 1211740

Details

Status Registered

Legal form CIO

Registered 2025-01-16

Register [View on the Charity Commission register](#)

Contact

Address The Studio
6 Hanse House
South Quay
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Phone 07388616274

Email hello@856foundation.org.uk

Website <https://856.org.uk/>

Activities

Objects: FOR THE PUBLIC BENEFIT, THE RELIEF OF MEN IN NEED (AGED 18 YEARS OR OVER) WHO MAY BE EXPERIENCING OR AT RISK OF EXPERIENCING POOR MENTAL HEALTH IN PARTICULAR BUT NOT EXCLUSIVELY, BY: INCREASING AWARENESS OF, AND REDUCING THE STIGMA ATTACHED TO MEN'S MENTAL HEALTH PROVIDING SUPPORT, INFORMATION AND ADVICE PROVIDING OPPORTUNITIES FOR MEN TO SHARE THEIR EXPERIENCES AND ACCESS PEER SUPPORT PEER SUPPORT ONLINE AND IN PERSON THROUGH MEETINGS AND ACTIVITIES SIGNPOSTING TO AND PROVIDING FINANCIAL ASSISTANCE TO ACCESS SPECIALIST SUPPORT AND COUNSELLING FROM OTHER PROVIDERS.

Classification

- **How:** Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Other Defined Groups

Geography

- Throughout England

Trustees

Name	Role	Appointed
Matthew Aubrey Oakes BSc	Chair	
Abbie Panks		2025-07-08
Andy Walder		2025-09-11
Ian Mark Prentice		
Kerry Heathcote		2025-07-08
Philip Ian Paul Yates CIHM		
Richard Watson		
