

## **BARNABILITY CIO**

### **TRUSTEES' REPORT FOR THE PERIOD TO 6 AUGUST 2025**

#### **Reference and Administrative Details**

- Charity name: Barnability CIO.
- Charity registration number: 1211632
- Principal address: The principal address of the CIO is 4 Alleyn Gardens, Jameson Manor, Ponteland, NE20 0FN
- Trustees who served during the period:
  - Jerry Hopkinson (Chair)
  - Gill Brown
  - Iain Fenwick
- The following trustees were appointed on 8 April 2026:
  - Karen Jobson
  - Marcella Shone
- The receipts and payments accounts cover the period from registration on 9 January 2025 to 6 August 2025. No independent examination or audit was undertaken as neither is required by law.

#### **Structure, Governance and Management**

- Barnability CIO is a Charitable Incorporated Organisation governed by a foundation model constitution dated 7 August 2024.
- Apart from the first trustees, trustees are appointed by resolution of the trustees for three-year terms, subject to eligibility requirements including the minimum age and disqualification provisions.
- The trustees are responsible for the overall management and control of the charity. They work closely with a trainer and volunteers on the management of the day-to-day activities.

#### **Risk Management**

- The trustees have considered the major risks to which the CIO is exposed and have implemented proportionate systems to manage them.

#### **Objectives and Activities**

- The CIO's objects are to provide or assist in the provision of facilities for recreation, in particular for running, cycling and general fitness sessions, for individuals with disability or ill health or for the public at large in the interests of social welfare and with the object of improving their conditions of life.
- The trustees confirm that, in planning and conducting the CIO's activities, they have had regard to the Charity Commission's public benefit guidance.
- During the period, the CIO received donations of £6,405 and applied funds to initial set-up and delivery-related costs including DBS checks, code of conduct training and event entry. Payments

totalled £776 during the period, comprising DBS checks, code of conduct training and event entry. A grant of £960 (restricted fund) was also received, resulting in a closing cash balance of £5,589.

- A Run Club was established which meets every Tuesday and has around six participants on average
- Exercise classes were held on Wednesdays with around 10 to 12 participants on average.

## **Achievements and Performance**

### Activities and outputs:

Barnability CIO has a very unique location in The Barn, a physical fitness facility in a barn just outside of Ponteland. It provides dedicated activities for many people with physical or learning disabilities of all ages.

The driving passion for Barnability is bringing communities together through sport, which it does not only through fitness classes but also running and walking groups.

During the period to 6 August 2025, the Run Group prepared to take on the Great North Run 5km in September 2025. The walking group has brought together old and young people. One lady has Parkinson's and was fearful to walk in the park alone in case she fell, but is now loving her weekly walk with the group and enjoying interacting with the younger generation too.

<https://www.facebook.com/barnability>

<https://www.instagram.com/barnability>

### Set-up and compliance:

- The following policies were adopted:
  - Safeguarding Children and Young People
  - Safeguarding Adults Policy
  - Equality and Diversity, Equal opportunity policy
  - Risk assessments
  - Behavioural Code for Adults
  - Complaints and whistle blowing
  - Safe recruitment and selection (staff and volunteers)
  - Data protection
  - Trustees Code of Conduct
  - Procedure for responding to a safeguarding incident or concern
- Neurodiversity Training took place in April 2025. Safeguarding training was planned for, and took place, in October 2025.
- All trustees and volunteers have enhanced DBS checks.
- A code of conduct for participants in activities has been developed with the support of the young people who attend Barnability.

## **Financial Review**

- The accounts for the period are prepared on a receipts and payments basis (CC16a) covering the period 9 January 2025 (incorporation) to 6 August 2025.

- Total income for the period: £7,365 of which £6,405 came from donations and £960 from a grant which is to be used for specific beneficiaries.
- Total expenditure for the period: £776, relating to DBS checks, code of conduct training and event entry.
- Net movement and year-end funds: Net receipts were £6,549 with cash at bank of £6,549 on 6 August 2025.
- Restricted funds on 6 August 2025 were £960. Unrestricted funds amounted to £5,589.
- No non-cash assets, investment assets, or liabilities were reported at the period end

### **Reserves Policy**

- The trustees have not formulated a formal Reserves Policy but are of the opinion that sufficient cash should be held to meet two months' costs. This would equate to a free reserves target of £3,000 to £4,000. The trustees consider the level of unrestricted funds of £5,589, being the free reserves of the CIO, to be sufficient to meet the costs of the CIO.

### **Plans for Future Periods**

- The trustees plan to expand delivery of inclusive running and fitness sessions, develop partnerships with local venues and seek grant funding and donations to support equipment, coaching and transport.
- Barnability's vision is to see young adults with additional needs help coach the older generation. The young adults would benefit from work experience and social interaction in a supportive, positive environment, while the older clients would benefit due from a healthier, more active lifestyle and the knowledge that they are helping a younger generation develop skills.

### **Statement of Trustees' Responsibilities**

- The trustees are responsible for keeping proper accounting records, preparing statements of account, and preparing a trustees' annual report and annual return in accordance with the Charities Act 2011 and the CIO's constitution, and for submitting them to the Charity Commission within the statutory deadlines.
- The trustees are also responsible for safeguarding the assets of the CIO and taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of Barnability CIO on 28 May 2026 and signed on their behalf by:

Signature: Marcella Shone

Name: Marcella Shone

Position: Trustee

Date: 3 June 2026



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Barnability CIO

1211632

## Receipts and payments accounts

CC16a

For the period  
from

09-Jan-25

To

06-Aug-25

### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Donations	6,405	-	-	6,405	-
Grant	-	960	-	960	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	6,405	960	-	7,365	-
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	6,405	960	-	7,365	-
<b>A3 Payments</b>					
DBS checks	107	-	-	107	-
Code of conduct training	150	-	-	150	-
Event entry	559	-	-	559	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	816	-	-	816	-
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	816	-	-	816	-
<b>Net of receipts/(payments)</b>	5,589	960	-	6,549	-
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-	-
<b>Cash funds this year end</b>	5,589	960	-	6,549	-

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		5,589	960	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	5,589	960	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
		Marcella Shone	Marcella Shone	28-May-26