

CYCLING WITHOUT AGE SEATON

England & Wales · Charity number 1211506

Details

Status Registered

Legal form CIO

Registered 2024-12-20

Register [View on the Charity Commission register](#)

Contact

Address Hammett Associates
8-10 Queen Street
Seaton
EX12 2NY

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Activities

Objects: THE RELIEF OF PERSONS IN THE SEATON, AND SURROUNDING AREAS OF EAST DEVON WHO ARE IN NEED, BY REASON OF THEIR AGE, RESTRICTED MOBILITY, OR DISABILITY, BY PROVIDING VOLUNTEER LED ACCESSIBLE TRISHAW CYCLE RIDES TO HELP THEM GAIN A SOCIAL CONNECTION AND TO ASSIST THEM TO INTEGRATE INTO THE COMMUNITY.

Activities: The relief of persons in the Seaton, and surrounding areas of East Devon who are in need, by reason of their age, restricted mobility, or disability, by providing volunteer led accessible Trishaw cycle rides to help them gain a social connection and to assist them to integrate into the community.

Classification

- **How:** Provides Services
- **What:** Disability
- **Who:** Elderly/old People, People With Disabilities

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-12-31	£22,397	£16,761	-	-

Trustees

Name	Role	Appointed
Lesley Adams	Chair	2024-12-20
ANTONY SMITH		2024-12-20
Benjamin Tucker		2024-12-20

CYCLING WITHOUT AGE SEATON

England & Wales - Charity number 1211506

Accounts



Trustees' Annual Report for the period

From Period start date - 16 December 2024

To Period end date – 31 December 2025

Charity name: Cycling Without Age Seaton

Charity registration number: 1211506

Objectives and Activities

<p>Summary of the purposes of the charity as set out in its governing document</p>	<p>Cycling Without Age Seaton exists to improve the wellbeing of older people and those with limited mobility by providing free trishaw rides, fostering social connection, and reducing isolation within the Seaton community. This report outlines our activities, achievements, and finances over the past year.</p>
<p>Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.</p>	<p>Our charitable objectives are to:</p> <ul style="list-style-type: none">• Promote social inclusion for older people and those with restricted mobility.• Improve physical and mental wellbeing through safe outdoor experiences.• Encourage intergenerational connection through volunteer engagement. <p>To achieve these aims, we:</p> <ul style="list-style-type: none">• Delivered guided trishaw rides along seafront and local routes.• Partnered with care homes, community groups, and local organisations.• Recruited and trained volunteer pilots.• Participated in community events to raise awareness.

Additional information (optional)

You may choose to include further statements where relevant about:

Contribution made by volunteers	<p>Volunteers remain at the heart of our organisation. Over the reporting period:</p> <ul style="list-style-type: none">• 4 active volunteers supported operations.• 17 training sessions were delivered covering safety, safeguarding, and trishaw operation.• Regular volunteer newsletters helped maintain engagement and peer support. <p>We extend our sincere thanks to all volunteers for their dedication and time.</p>
Other	<p>We worked with:</p> <ul style="list-style-type: none">• 4 Local care homes and residential facilities.• Community groups and charities.• 2 Local councils and event organisers. <p>We attended community events, increasing awareness and encouraging new participants and volunteers. For example, the Seaton Christmas lights switch-on.</p> <p>We worked with Seaton Wetlands to ensure some obstacles on the paths through their property were removed to ease the trishaw's journey.</p>

Achievements and Performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

Key Highlights

- Delivered approximately 31 rides to 37 passengers and trainee trishaw pilots
- Supported 4 care homes and community groups.
- Recruited and trained 4 new volunteers.
- Logged over 60 volunteer hours.
- New trishaw was delivered in March 2025.
- Crowdfunder launched and completed during March and April 2025.

Impact

Feedback from passengers and carers highlights:

- Increased feelings of wellbeing, inclusion and happiness.
- Reduced loneliness and improved social engagement.
- Opportunities for reminiscence and connection with the local environment.

Many of our elderly care home residents have been Seaton residents for some years, however, many haven't visited the local seafront or our wetlands for years. These rides provide a very good prompt for conversation and memories.

Typical feedback is, perhaps, summed up by one man's recollection of the area local to his care home which used to be a convent. Most younger local people would not be aware of this. He described the convent and the nuns in detail and was pleased to be able to do so. The volunteers present also learnt something!

Financial Review

Review of the charity's financial position at the end of the period	Cash at bank as at 31/12/25 was £6k in unrestricted funds. This cash balance was used to help fund the purchase of an additional trishaw in May 2026 (to expand our services offered to the community). The main financial risk to the charity is not having enough funds to cover ongoing operating costs (insurance, repairs and maintenance etc.)
Statement explaining the policy for holding reserves stating why they are held	Reserves are generally held to cover ongoing operating costs.
Amount of reserves held	£6k as at 31/12/25 which was used in May 2026 to purchase an additional trishaw.
Details of fund materially in deficit	N/A
Explanation of any uncertainties about the charity continuing as a going concern	None

Structure, Governance and Management

Description of charity's trusts:	
Type of governing document (trust deed, royal charter)	Our constitution was adopted on 11th December 2024
How is the charity constituted? (e.g. unincorporated association, CIO)	Cycling Without Age Seaton is a Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	The charity trustees have regard to the skills, knowledge and experience needed for the effective administration of the CIO. New trustees are appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	The CIO has adopted policies and procedures covering safeguarding, DBS verification, booking rides, expectations of care homes, and what we expect and offer volunteers.
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The charity's organisational structure and any wider network with which the charity works	<p>We are very grateful for the support and advice from other chapters of Cycling Without Age England.</p> <p>We are also grateful to Re:Store Axe Valley CIC for the provision of office space for our meetings and day to day management of our charity, and for the storage of our trishaws.</p>
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Reference and Administrative details

Charity name	Cycling Without Age Seaton
Other name the charity uses	N/A
Registered charity number	1211506
Charity's principal address	8-10 Queen Street, Seaton, Devon EX12 2NY

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Antony Smith	Chair & Treasurer		
2	Ian Bruton			
3	Lesley Adams	Secretary		
4	Ben Tucker			

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Antony Smith</i>	<i>h P Adams</i>
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Full name(s)	Antony Smith	Lesley Adams
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Position (eg
Secretary, Chair, etc)

Chair	Secretary
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Date

18/5/26



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Cycling Without Age Seaton	No (if any) 1211506
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Receipts and payments accounts

For the period from	Period start date 20/12/2024	To	Period end date 31/12/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	18,754	-	-	18,754	-
Grants	2,625	-	-	2,625	-
Gift Aid on donations	1,018	-	-	1,018	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	22,397	-	-	22,397	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	22,397	-	-	22,397	-
A3 Payments					
Bank Charges	43	-	-	43	-
Commissions paid on donations raised	229	-	-	229	-
Company Secretarial	60	-	-	60	-
Printing/Stationery	89	-	-	89	-
Insurance	824	-	-	824	-
Repairs	414	-	-	414	-
Trishaw parts	273	-	-	273	-
Clothing/logos	235	-	-	235	-
Storage charges	200	-	-	200	-
DBS checks	101	-	-	101	-
Donations paid	60	-	-	60	-
Professional fees	360	-	-	360	-
Telephone	60	-	-	60	-
Other expenses	91	-	-	91	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	3,039	-	-	3,039	-
A4 Asset and investment purchases, (see table)					
Purchase of trishaw	13,722	-	-	13,722	-
	-	-	-	-	-
Sub total	13,722	-	-	13,722	-
Total payments	16,761	-	-	16,761	-
Net of receipts/(payments)	5,636	-	-	5,636	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	5,636	-	-	5,636	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	5,636	-	-
		-	-	-
		-	-	-
	Total cash funds	5,636	-	-
(agree balances with receipts and payments account(s))		OK	OK	OK

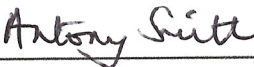

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Trishaws	Unrestricted	13,722	13,722
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Storage Charges	Unrestricted	100	Jan-26
	DBS checks	Unrestricted	61	Feb-26
	Other expenses	Unrestricted	19	Jan-26
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Antony Smith	18-May-2026
	Lesley Adams	18-May-2026