

# CRUNCH

England & Wales · Charity number 1211341

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2024-12-10

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 1 Roberts Court  
North Road  
Leigh Woods  
Bristol  
BS8 3PN

**Phone** 07968716503

**Email** [hello@crunchtime.org.uk](mailto:hello@crunchtime.org.uk)

**Website** [www.crunchtime.org.uk](http://www.crunchtime.org.uk)

## Activities

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**Objects:** THE OBJECTS OF THE CIO ARE:1) TO PROMOTE AND PROTECT HEALTH BY PROMOTING HEALTHY EATING AND IMPROVED DIET AMONG THE PUBLIC, IN PARTICULAR BUT NOT EXCLUSIVELY, SCHOOL CHILDREN AGED 11-14 AND THEIR FAMILIES.2) TO ADVANCE THE EDUCATION OF THE PUBLIC IN COOKERY, NUTRITION AND FOOD PREPARATION, IN PARTICULAR BUT NOT EXCLUSIVELY BY:I. PROVIDING TRAINING AND EDUCATION PROGRAMMES TO PROMOTE, SUSTAIN AND INCREASE KNOWLEDGE OF NUTRITION, FOOD PREPARATION AND COOKERY SKILLSII. PROVIDING ADVICE ABOUT FOOD, NUTRITION AND WELLBEING AND RAISING AWARENESS OF THE BENEFITS OF A HEALTHY LIFESTYLE

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, The General Public/mankind

## Geography

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- Throughout England And Wales

## Trustees

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Name	Role	Appointed
<b>John Thompson</b>	Chair	2024-09-08
Anna Robinson		2024-05-23
Chris Girling		2024-09-08
Kate Fortescue		2025-10-20
Rayne Roberts		2024-09-08