

MY PAIN YOUR GAIN MINISTRIES INTL

FINANCIAL STATEMENTS

31 DECEMBER 2025

Charity Number 1211217

MY PAIN YOUR GAIN MINISTRIES INT
REFERENCE AND ADMINISTRATIVE DETAILS
YEAR ENDED 31 DECEMBER 2025

Name of Organisation	MY PAIN YOUR GAIN MINISTRIES INTL
Registered Office	67 NORCOT ROAD TILEHURST READING RG30 6BP
Trustees	Omolara Ogbolu Omolara Borishade Eyum Priscilla Ocheola Joy Anikwe Eyum Ocheola-oki
Bankers	Lloyds Bank plc 25 Gresham Street, London EC2V 7HN

MY PAIN YOUR GAIN MINISTRIES INTL
INDEPENDENT EXAMINER REPORT TO THE MEMBERS
YEAR ENDED 31 DECEMBER 2025

I have examined the accounts of the charity for the period ended 31st December 2025, which are set out on page 3 to 9.

RESPECTIVE RESPONSIBILITIES OF THE TRUSTEES AND EXAMINER

The charity's trustees and examiner are responsible for the preparation of accounts. The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the 1993 Act), and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 43 of the 1993 Act,
- To follow the procedure laid down in the General Directions given by the Charity Commission under section 43 of the 1993 Act; and
- To state whether particular matters have come to my attention

BASIS OF EXAMINER'S REPORT

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently, I do not express an audit opinion on the view given by the accounts.

EXAMINER'S STATEMENT

Based on our examination, no matter has come to our attention which gives me reasonable cause to believe that in any material respect accounting records have not been kept in accordance with section 41 of the Act, or that the accounts presented do not accord with those records or comply with the accounting requirements of the Act. No matter has come to our attention in connection with our examination to which, in our opinion, attention should be drawn to enable a proper understanding of the accounts.

SA Accountants
Kingsbridge Court
London NW1 8QA
25th June 2026

MY PAIN YOUR GAIN MINISTRIES INTL
STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING THE
INCOME AND EXPENDITURE ACCOUNT)
YEAR ENDED 31 DECEMBER 2025

	Notes	Unrestricted Fund	Restricted Funds	Total Funds 2025
INCOME FROM				
Donation and legacies		8,023	-	8,023
Income from charitable activities	1	290	-	290
Other trading activities				
Investment Income				
Total Income		8,313	-	8,313
EXPENDITURE				
Charitable Activities	2	7,308	-	7,308
TOTAL EXPENDITURE		7,308	-	7,308
NET INCOME/(EXPENDITURE) FOR THE YEAR				
		1,005	-	1,005
Transfers between funds		-	-	-
Net movement in funds		1,005	-	1,005
RECONCILIATION OF FUNDS				
Total Funds Brought Forward		-	-	-
TOTAL FUNDS CARRIED FORWARD		1,005	-	1,005

The Statement of Financial Activities includes all gains and losses recognised in the year. All of the above amounts relate to continuing activities.

The notes on pages 5 to 9 form part of these financial statements.

MY PAIN YOUR GAIN MINISTRIES INT
BALANCE SHEET
YEAR ENDED 31 DECEMBER 2025

		2025	
	Note	£	£
CURRENT ASSETS			
Cash at bank and in hand	3	205	
Debtors	4	1,500	
		1,705	
CREDITORS: Amounts falling due within one year	5	(700)	
NET CURRENT ASSETS			1,005
NET ASSETS			1,005
			=
CHARITY FUNDS			
Restricted Funds	6	-	
Unrestricted Funds	7	1,005	
TOTAL FUNDS			1,005
			=

The accounts have been prepared in accordance with the Financial Reporting Standard 102 (effective January 2015)

These financial statements were approved by the Trustees on: 23rd June 2026

Eyum Ocheola-oki:



The notes on pages 5 to 7 form part of these financial statements.

MY PAIN YOUR GAIN MINISTRIES INT
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 DECEMBER 2025

1. ACCOUNTING POLICIES:

Basis of accounting

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

Income

All income is recognised once the Centre has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. All expenditure is accounted for on an accruals basis

Restricted funds

Restricted income received are accounted for separately as restricted funds and are used for the purposes specified by the donor

1. INCOME FROM CHARITABLE ACTIVITIES:

	Unrestricted Funds	Restricted Funds	Total Funds 2025
	£	£	£
Event registrations	290	-	290
	290	-	290
	=	=	=

2. COST OF CHARITABLE ACTIVITIES:

	Total Funds 2025
	£
Staff Cost	-
Support Cost	3,189
Direct Project Expenditure	3,420
Governance	700
	7,308
	=

MY PAIN YOUR GAIN MINISTRIES
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 DECEMBER 2025

2a. Staff cost:

	Total Funds 2025 £
Staff Salaries	-
	-

	-

2b. SUPPORT COST:

	Total Funds 2025 £
Welfare support	294
Event expense	1,182
Printing, postage and stationery	25
Professional	360
Software and IT	260
Subscription	260
Travel and subsistence	808

	3,189

2c. DIRECT PROJECT EXPENDITURE:

	Total Funds 2025 £
Equipment and material	3,420
	-

	3,420

2d. GOVERNANCE:

	Total Funds 2025 £
Independent Examination	700

	700

MY PAIN YOUR GAIN MINISTRIES INT
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 DECEMBER 2025

3.CASH AT BANK AND IN HAND:

	2025 £
Total cash in hand	205

	205

4. DEBTORS:

	2025 £
Prepayments and accrued income	1,500

	1,500

5. CREDITORS: Amount falling due within one year:

	2025 £
Accountancy payable	700

	700

6. RESTRICTED INCOME FUNDS:

	Balance at 2 December 2025 £	Incoming resources £	Outgoing resources £	Transfers In/(Out) £	Balance at 31 December 2025 £
General	-	-	-	-	-
	-----	-----	-----	-----	-----
	-	-	-	-	-

7. UNRESTRICTED INCOME FUNDS:

	Balance at 2 December 2025 £	Incoming resources £	Outgoing resources £	Transfers In/(Out) £	Balance at 31 December 2025 £
General	-	8,313	7,308	-	1,005
	-----	-----	-----	-----	-----
	-	8,313	7,308	-	1,005

561

MY PAIN YOUR GAIN MINISTRIES INT
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 DECEMBER 2025

The following pages do not form part of the statutory financial statements

MY PAIN YOUR GAIN MINISTRIES INT
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 DECEMBER 2025

2024/25
£

INCOME FOR

DONATION AND LEGACIES

Donations	8.023
-----------	-------

8,023

**INCOME FROM
CHARITABLE ACTIVITIES**

Charitable Activities

Charitable Activities	290
-----------------------	-----

290

TOTAL INCOME

8.313

MY PAIN YOUR GAIN MINISTRIES INT
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 DECEMBER 2025

2024/25

EXPENDITURE ON

CHARITABLE ACTIVITIES

Support Costs

Welfare support	294
Event expense	1,182
Printing, postage and stationery	25
Professional	360
Software and IT	260
Subscription	260
Travel and subsistence	808

Direct Project Costs

Equipment and Materials	3,420
-------------------------	-------

Governance Costs

Independent Examination	700
-------------------------	-----

7,308

TOTAL EXPENDITURE

7,308

**NET INCOME / (EXPENDITURE)
FOR THE YEAR**

1,005

=