

# INNER STRENGTH SUPPORT

England & Wales · Charity number 1210717

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2024-10-30

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Ambleside  
West End  
Briston  
Melton Constable  
Norfolk  
NR24 2HY

**Phone** 07908954602

**Email** [michael.spinks@innerstrengthsupport.co.uk](mailto:michael.spinks@innerstrengthsupport.co.uk)

## Activities

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**Objects:** THE OBJECTS OF THE CIO ARE:(1) TO RELIEVE THE MENTAL AND PHYSICAL SICKNESS OF PERSONS RESIDENT IN EAST ANGLIA WHO HAVE EXPERIENCED TRAUMA, BEREAVEMENT OR SELF-HARM. BY THE PROVISION OF COUNSELLING AND SUPPORT FOR SUCH PERSONS.(2) TO PRESERVE AND PROTECT THE GOOD MENTAL HEALTH WITHIN WORKPLACES IN EAST ANGLIA IN ORDER TO BENEFIT STAFF AND CUSTOMERS BY PROVIDING TRAINING TO ENHANCE THE KNOWLEDGE AND AWARENESS FOR EMPLOYERS.

## Classification

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- **How:** Provides Services
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

## Geography

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- Throughout England

## Trustees

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Name	Role	Appointed
<b>Noeleen Ann Woodhouse</b>	Chair	
Michael Robert Warby-Spinks		
Peter James Warby		
Ryan Thomas Tourle		
Toni Louisa Swan		

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