

SOUTH LAKELAND PHOENIXES

England & Wales · Charity number 1210597

Details

Status Registered

Legal form CIO

Registered 2024-10-22

Register [View on the Charity Commission register](#)

Contact

Address Brynteg
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Activities

Objects: THE OBJECT OF SOUTH LAKELAND PHOENIXES IS:TO PRESERVE AND PROTECT THE MENTAL/EMOTIONAL HEALTH AND WELLBEING OF PEOPLE RESIDING IN GRANGE OVER SANDS, CUMBRIA, AND ITS ENVIRONS WHO ARE STRUGGLING WITH MENTAL/EMOTIONAL HEALTH ISSUES BY:A) PROVIDING A DROP-IN AND BEFRIENDING SERVICE OFFERING SUPPORT, UNDERSTANDING, COMPANIONSHIP, SIGNPOSTING, INFORMATION, AND ADVOCACY SERVICES IN A SAFE, CONFIDENTIAL, AND NON-JUDGEMENTAL ENVIRONMENT.B) RAISING PUBLIC AWARENESS OF ISSUES RELATING TO PRESERVING AND PROTECTING GOOD MENTAL/EMOTIONAL HEALTH AND WELLBEING BY PROVIDING SUCH ACTIVITIES OR INFORMATION AS THE TRUSTEES DEEM APPROPRIATE.

Activities: South Lakeland Phoenixes provides peer support services to adults experiencing mental health and wellbeing issues. Services include a Drop-In Centre and associated activities for people living in and around Grange-over-Sands and signposting based on individual needs. In addition, we plan to work with local organisations in the sector to develop policies and improve best practices.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- Cumbria

Trustees

Name	Role	Appointed
Eliot George Raines	Chair	
David Hilliker		
Jakki Kereda Renton		2024-09-03
