

THE GUIDING LIGHT MENTAL HEALTH CHARITY

England & Wales · Charity number 1210502

Details

Status Registered

Legal form CIO

Registered 2024-10-16

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: THE OBJECT OF THE CIO IS THE RELIEF OF THOSE IN NEED DUE TO ILL HEALTH VIA THE PROVISION OF COUNSELLING, WORKSHOPS & COMMUNITY SUPPORT PLATFORMS FOR THOSE SUFFERING WITH EATING DSORDERS OR AT RISK OF SUCIDE; PRIMARILY BUT NOT EXCLUSIVELY UNDER THE AGE OF 25. NOTHING IN THIS CONSTITUTION SHALL AUTHORISE AN APPLICATION OF THE PROPERTY OF THE CIO FOR THE PURPOSES WHICH ARE NOT CHARITABLE IN ACCORDANCE WITH SECTION 7 OF THE CHARITIES AND TRUSTEE INVESTMENT (SCOTLAND) ACT 2005 AND SECTION 2 OF THE CHARITIES ACT (NORTHERN IRELAND) 2008.

Classification

- **How:** Provides Services
- **What:** General Charitable Purposes, Disability
- **Who:** Other Defined Groups

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-05-31		-	-	-

Trustees

Name	Role	Appointed
Benjamin Holmes	Chair	2024-10-16