



A.I.R
Lifting Lives

Trustees' Annual Report

For the period 01 October 2024 to 30 April 2025

1. Reference and Administrative Information

Registered charity name: A.I.R

Charity type: Charitable Incorporated Organisation (CIO)

Charity number: 1210279

Reporting period: 01 October 2024 to 30 April 2025

Principal address: 1 Stanley Street, Castleford, WF10 4LW

Telephone: 01977 804484

Email: info@aircharity.co.uk

Website: <https://www.aircharity.co.uk>

Trustees who served during the period

- John Paul Wright (Chair) – appointed 01 October 2024
- David James Frankland (Trustee) – appointed 01 October 2024
- Angela Keenan (Trustee) – appointed 01 October 2024

Professional Advisers

Accountants: B M Howarth Chartered Accountants

Metic House, Ripley Drive, Normanton, WF6 1QT

Email: wakefield@bm-howarth.co.uk | Tel: 01924 866020

2. Structure, Governance and Management

A.I.R is a Charitable Incorporated Organisation (CIO) governed by its constitution and managed by its trustees. The trustees are responsible for the overall control and strategic direction of the charity, ensuring that it is run in accordance with its charitable purposes, the requirements of charity law, and good governance practice.

Trustee roles and decision-making

Trustees meet as required to:

- review delivery and community need
- monitor finances, income, and expenditure
- ensure safe and effective service delivery
- maintain oversight of partnerships and how services are delivered through them
- plan for development, funding, and longer-term sustainability

The Chair leads trustee meetings and supports the charity in maintaining effective governance and accountability.

Appointment and induction of trustees

Trustees are appointed in line with the constitution. Apart from the first charity trustees, every appointed trustee must be appointed (typically for a three-year term) by a resolution passed at a properly convened meeting of trustees.

When selecting new trustees, the charity trustees have regard to the skills, knowledge and experience required for the effective administration of the CIO. Eligibility rules are followed, including that trustees must:

- be a natural person
- be aged 16 or over (with at least one trustee aged 18 or over)
- not be disqualified from acting as a trustee
- formally accept appointment before acting

A.I.R maintains a minimum of three trustees and may appoint up to twelve trustees in total, as set out in the constitution.

Policies and controls

Given the charity's focus on sport, wellbeing, and supporting vulnerable groups, the trustees treat the following as central to good governance:

- safeguarding and safe practice
- health and safety in physical activity settings
- clear financial oversight and authorisation
- confidentiality and respectful conduct
- appropriate partnership arrangements to ensure services remain safe, accountable and aligned to A.I.R's charitable purposes

Risk management

Trustees regularly consider the main risks to the charity and take steps to mitigate them. Key risks identified during the period included:

Safeguarding and welfare risks

Risk: Harm to participants, especially young people or vulnerable adults.

Mitigation: Delivery in structured sessions, appropriate supervision, safe practice, and ongoing trustee oversight of how services operate.

Health and safety risks (sports delivery)

Risk: Injury during physical activity.

Mitigation: Sessions delivered in a structured environment, appropriate coaching support, and a focus on safe training and discipline.

Financial sustainability risks

Risk: Reliance on limited funding sources and uncertainty about future income.

Mitigation: Building reserves, pursuing a broader funding base, and planning phased growth rather than overextending.

Capacity and premises risks

Risk: Limited space restricts growth and could affect accessibility.

Mitigation: Development plans to move into a larger building and improve facilities.

Reputation and partnership risks

Risk: Services delivered through partnership must remain aligned to the charity's aims and public benefit.

Mitigation: Trustees maintain oversight, review arrangements, and ensure A.I.R's purpose remains clear in delivery and reporting.

3. Objectives and Activities

Our mission and charitable purpose

A.I.R exists to provide a safe, inclusive and supportive environment that improves the physical, emotional and mental wellbeing of individuals within our community. Our services are open to people of all ages and backgrounds, with a particular focus on individuals experiencing social disadvantage, poor mental health, isolation, or challenges linked to addiction recovery.

Our approach

A.I.R uses sport and structured activity as a practical route into wellbeing support, particularly for people who may not engage with traditional services. Our model focuses on:

- positive routine and consistency
- confidence-building and personal development
- inclusion, belonging and peer connection
- early intervention through accessible activity
- creating a safe space where people can improve wellbeing without stigma

Activities delivered during the period

During the reporting period, A.I.R provided and supported structured activity with a focus on boxing-based wellbeing work.

Boxing sessions for juniors and adults

A.I.R delivered structured boxing and fitness sessions for young people and adults. These sessions were designed to:

- improve fitness and physical health
- build self-esteem and confidence
- develop discipline, resilience and goal-setting
- provide constructive activity and positive social connection

Sessions were delivered in a supportive environment with an emphasis on inclusion and progression for all abilities, from beginners to those seeking more advanced development.

Supporting men in recovery (boxing-based sessions)

A.I.R hosted twice-weekly sports and wellbeing sessions specifically for men in recovery from addiction. These sessions supported recovery by:

- helping individuals build a positive routine and structure
- providing a safe and constructive outlet for stress and emotion
- strengthening resilience, motivation and self-control
- offering peer support and connection, reducing isolation
- encouraging healthier lifestyle choices and sustained engagement with recovery pathways

Trustees view this work as particularly important because physical activity can be a powerful tool for stabilising wellbeing and building confidence during recovery.

4. Partnership Working

A.I.R works in partnership with Castleford Boxing Academy CIC, which provides an established community boxing setting and helps deliver accessible, inclusive training.

This partnership supports:

- a welcoming, local environment in the heart of Castleford
- boxing provision for a wide range of ages and abilities
- youth development, confidence and discipline-building
- an inclusive community where people can engage safely and progressively
- access to experienced coaching and structured sessions

The trustees ensure that partnership working continues to align with A.I.R's charitable purposes and delivers public benefit.

5. Public Benefit

The trustees confirm they have had due regard to the Charity Commission's guidance on public benefit and are satisfied that A.I.R's activities further its charitable purposes for the benefit of the public.

Public benefit delivered during the period

A.I.R's activities provided public benefit by:

- improving physical health and fitness through regular activity
- supporting mental wellbeing through confidence, routine and community connection
- reducing isolation and encouraging peer support networks
- supporting recovery journeys by providing structured, positive activity
- offering constructive opportunities for young people and adults
- contributing to early intervention that can reduce pressure on statutory services over time

Accessibility and inclusion

A.I.R aims to keep services open and accessible. The charity works with local networks and partners to encourage participation from people who may otherwise face barriers to support. Where any costs apply, these are kept low and not intended to exclude people on limited incomes.

6. Achievements and Performance

This reporting period represents A.I.R's early operational phase. Key achievements included:

- Establishing consistent delivery of structured boxing and wellbeing activity.
- Providing dedicated recovery-focused sessions twice weekly, supporting routine, connection and stability.
- Strengthening local partnership delivery to widen access to safe and inclusive training space.
- Building a base for future growth by securing grant support and sponsorship income.
- Retaining reserves to support sustainability and planned facility development.

The trustees consider the charity's early progress positive, and see strong potential for growth as facilities expand and services broaden.

7. Financial Review

The accounts were prepared by B M Howarth Chartered Accountants and cover the period 01 October 2024 to 30 April 2025.

Summary of income and expenditure

	£
Total income	9,270.85
Total expenditure	50.00
Net surplus	9,220.85

Income and funding

The trustees gratefully acknowledge the support received during the period from the following funders:

Source	Type	Amount (£)
Sovereign Trust	Grant	5,000.00
Wakeham Trust	Grant	2,250.00
CBA Sponsorship	Sponsorship	500.00
Boxing income (Castleford Boxing Academy CIC)	Delivery income	1,520.85
Total		9,270.85

Expenditure

Total expenditure for the period was £50.00, recorded as boxing club / boxing expense.

Reserves and financial position

The trustees have retained the surplus generated during the period to strengthen the charity's sustainability and support planned development. The trustees' approach to reserves is to:

- maintain stability of service delivery
- build capacity to expand services responsibly
- contribute toward facility improvements and future growth
- manage short-term uncertainty in funding or operating costs

Given the short reporting period and low expenditure, trustees will keep reserves needs under review as services expand.

8. Plans for the Future

A.I.R's next phase focuses on growing provision, improving facilities, and widening access, while staying rooted in community need and safe practice.

Facilities growth

Move the boxing academy into a bigger building to increase capacity, improve accessibility, and support more sessions and participants.

Service expansion

Pending a change to update the charity's aims and objectives to expand services and meet wider community need (subject to governance and charitable purposes).

New and expanded activities

Key development priorities include:

- Self-defence and martial arts classes to build confidence, safety awareness, fitness and empowerment.
- Sensory room development to provide a calming space for relaxation, mindfulness and emotional regulation.
- Community groups to combat isolation – creating opportunities for connection, peer support and community engagement.
- Chill-out areas and safe spaces – offering welcoming environments where people can unwind, feel supported, and build positive social relationships.

The trustees will continue to review community need, strengthen partnerships, and pursue sustainable funding so these developments can be delivered safely and responsibly.

9. Trustees' Responsibilities Statement

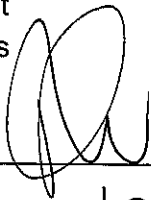
The trustees are responsible for preparing the Trustees' Annual Report and financial statements in accordance with applicable law and regulations. The trustees confirm that appropriate accounting records have been maintained and that the accounts have been prepared to provide a true and fair view of the charity's financial activities and position for the reporting period.

10. Approval

This report was approved by the trustees and signed on their behalf:

John Paul Wright
Chair of Trustees

Signature: _____



Date: _____

20/2/26

