

# BACK AND FORTH MEN'S MENTAL HEALTH

England & Wales · Charity number 1210246

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2024-09-27

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 12 Florence Avenue  
Houlton  
Rugby  
CV23 1BD

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**Email** [backandforthmmh@gmail.com](mailto:backandforthmmh@gmail.com)

**Website** [www.backandforthmmh.co.uk](http://www.backandforthmmh.co.uk)

## Activities

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**Objects:** FOR THE PUBLIC BENEFIT, THE RELIEF OF PEOPLE IN NEED IN THE UK WHO MAY BE EXPERIENCING OR AT RISK OF EXPERIENCING POOR MENTAL HEALTH, BY MEANS OF, BUT NOT EXCLUSIVELY:A. PROVIDING EARLY INTERVENTION OPPORTUNITIES FOR PEOPLE TO WORK ON THEIR MENTAL HEALTH;B. INCREASING AWARENESS OF, AND REDUCING THE STIGMA ATTACHED TO, MEN'S MENTAL HEALTH;C. CREATING CONTENT, EVENTS, PARTNERSHIPS AND EXPERIENCES THAT ENCOURAGE PEOPLE TO SHARE THEIR OWN INNER STRUGGLE IN A FRIENDLY AND SUPPORTIVE ENVIRONMENT.

## Classification

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- **How:** Provides Advocacy/advice/information, Other Charitable Activities
- **What:** Other Charitable Purposes
- **Who:** People With Disabilities

## Geography

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- Throughout England And Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£6,201	£6,543	-	-

## Trustees

Name	Role	Appointed
<b>Daniel Phillips</b>	Chair	
Dale Hughes		
Jonathan Barratt		
Kevin Vince		