



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

**From** 16/9/24    **Period start date**

**To** 31/12/25

**Period end date**

**Charity name:** Friends of Blue Smile

**Charity registration number:** 1210034

## Objectives and Activities

|                                                                                                                                                                      | SORP reference     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Summary of the purposes of the charity as set out in its governing document                                                                                          | Para 1.17          | The objects of the Friends are to enhance the mental health of school pupils in Cambridgeshire and the surrounding area, for the benefit of the public, by making grants and providing resources to Blue Smile (registered charity 1139279), and by any other charitable means that the trustees may determine, for the provision of counselling, therapy and support to children and young people in need; and to advance public understanding and awareness of children's mental health needs.                                                                                                                                                        |
| Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts. | Para 1.17 and 1.19 | Friends of Blue Smile operates in aid of Blue Smile (registered charity 1139279), by organising and attending events in Cambridge and the environs to raise funds which are utilised to provide 1:1 arts-based therapy and specialist mental health support to children in schools in Cambridgeshire and the surrounding area. At these events the Friends distribute information material regarding children's mental health needs with the aim of raising public understanding and awareness thereof. We raise funds by selling greetings cards and other merchandise and we organise fund-raising events, such as bridge drives and literary events. |
| Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit                                         | Para 1.18          | The Trustees have due regard for the objects of the charity which are to promote and protect the mental health of pupils of schools in Cambridgeshire and the surrounding area, for the benefit of the public, evidenced by the fact that all profits from our fundraising go to Blue Smile which provides support for children in local schools.                                                                                                                                                                                                                                                                                                       |

**Additional information (optional)**

You may choose to include further statements where relevant about:

|                                                                  | SORP reference |                                                                                                                                                                                                                        |
|------------------------------------------------------------------|----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Policy on grant making                                           | Para 1.38      | When funds are available we invite Blue Smile to submit a grant application form stating the purposes for which the funds will be used. Each application is considered by the Trustees before agreeing to the payment. |
| Policy on social investment including program related investment | Para 1.38      |                                                                                                                                                                                                                        |
| Contribution made by volunteers                                  | Para 1.38      | There are no paid employees and all volunteers give their time freely by participating in fund-raising activities.                                                                                                     |
| Other                                                            |                |                                                                                                                                                                                                                        |

**Achievements and Performance**

|                                                                                                                                                                                                 | SORP reference |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole. | Para 1.20      | <p>The charity has run a substantial number of activities during this period thereby raising funds which enable grants to be given to Blue Smile. These grants are used to fund therapeutic work in Partner Schools in Cambridgeshire and surrounding environs. Blue Smile have found that children seen by therapists reported 87% progress towards their goals after therapy.</p> <p>The Friends also raise awareness of the need to support children's mental health by handing out Blue Smile leaflets at events and talking to members of the public who visit the charity's stalls.</p> |

**Additional information (optional)**

You may choose to include further statements where relevant about:

|                                     |           |  |
|-------------------------------------|-----------|--|
| Achievements against objectives set | Para 1.41 |  |
|                                     | Para 1.41 |  |

|                                                              |           |  |
|--------------------------------------------------------------|-----------|--|
| Performance of fundraising activities against objectives set |           |  |
| Investment performance against objectives                    | Para 1.41 |  |
| Other                                                        |           |  |

## Financial Review

|                                                                                  |           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|----------------------------------------------------------------------------------|-----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Review of the charity's financial position at the end of the period              | Para 1.21 | This is our first Annual Report and covers the period 16/9/24 to 31/12/25. During this period sales of greetings cards and other items remained strong, and our fundraising events were well attended and successful. We also received two significant donations. We have seen a small increase in the cost of events, but the cost of producing cards and other items has not risen too much. Our donations to Blue Smile were slightly lower than in the previous year, but our bank balance at 31/12/25 leaves us able to offer a grant to Blue Smile early in the new year.                                                                       |
| Statement explaining the policy for holding reserves stating why they are held   | Para 1.22 | Our reserves policy is to maintain a positive balance in our bank account at all times and to achieve this we keep working capital of at least £500. We also keep restricted funds over and above the working capital amount. At the year-end we were holding £1,500 in restricted funds which were donated to cover the cost of future card production. We do not need to hold significant reserves as we have no long-term liabilities, and we have not entered into any agreements with commitments to make future payments. We don't rent premises and we don't employ anyone. We only make purchases and donations when we have funds available. |
| Amount of reserves held                                                          | Para 1.22 | £2,000 at 31/12/25                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Reasons for holding zero reserves                                                | Para 1.22 | N/A                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Details of fund materially in deficit                                            | Para 1.24 | N/A                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Explanation of any uncertainties about the charity continuing as a going concern | Para 1.23 | None                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |

### Additional information (optional)

You may choose to include further statements where relevant about:

|                                                                                 |           |                                                                 |
|---------------------------------------------------------------------------------|-----------|-----------------------------------------------------------------|
| The charity's principal sources of funds (including any fundraising)            | Para 1.47 | Selling greetings cards and other items, and organising events. |
| Investment policy and objectives including any social investment policy adopted | Para 1.46 |                                                                 |
|                                                                                 |           |                                                                 |

|                                                         |           |  |
|---------------------------------------------------------|-----------|--|
| A description of the principal risks facing the charity | Para 1.46 |  |
| Other                                                   |           |  |

## Structure, Governance and Management

|                                                                                                                                                                           |           |                                                                      |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|----------------------------------------------------------------------|
| Description of charity's trusts:                                                                                                                                          |           | N/A                                                                  |
| Type of governing document<br>(trust deed, royal charter)                                                                                                                 | Para 1.25 | Our constitution as submitted to the Charity Commission.             |
| How is the charity constituted?<br>(e.g unincorporated association, CIO)                                                                                                  | Para 1.25 | CIO                                                                  |
| Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | The Trustees were elected by the committee of Friends of Blue Smile. |

### Additional information (optional)

You may choose to include further statements where relevant about:

|                                                                                           |           |                                                                                                    |
|-------------------------------------------------------------------------------------------|-----------|----------------------------------------------------------------------------------------------------|
| Policies and procedures adopted for the induction and training of trustees                | Para 1.51 |                                                                                                    |
| The charity's organisational structure and any wider network with which the charity works | Para 1.51 |                                                                                                    |
| Relationship with any related parties                                                     | Para 1.51 | We have a Working Agreement with Blue Smile (registered charity 1139279) which was updated in 2025 |
| Other                                                                                     |           |                                                                                                    |

## Reference and Administrative details

|                             |                                                                                     |
|-----------------------------|-------------------------------------------------------------------------------------|
| Charity name                | Friends of Blue Smile                                                               |
| Other name the charity uses |                                                                                     |
| Registered charity number   | 1210034                                                                             |
| Charity's principal address | The Merchant's House<br>97 Commercial End<br>Swaffham Bulbeck<br>Cambridge CB25 0ND |
|                             |                                                                                     |

**Names of the charity trustees who manage the charity**

|    | Trustee name      | Office (if any)  | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|-------------------|------------------|-----------------------------------|---------------------------------------------------------------|
| 1  | Mary-Louisa Glynn | Chair            | 2024-2025                         | Committee of Friends of Blue Smile                            |
| 2  | Rosamund Williams | Treasurer        | 2024-5                            | As above                                                      |
| 3  | Celia Dickinson   | Events organiser | 2024-5                            | As above                                                      |
| 4  | Lorna Brown       | Secretary        | 2024-5                            | As above                                                      |
| 5  |                   |                  |                                   |                                                               |
| 6  |                   |                  |                                   |                                                               |
| 7  |                   |                  |                                   |                                                               |
| 8  |                   |                  |                                   |                                                               |
| 9  |                   |                  |                                   |                                                               |
| 10 |                   |                  |                                   |                                                               |
| 11 |                   |                  |                                   |                                                               |
| 12 |                   |                  |                                   |                                                               |
| 13 |                   |                  |                                   |                                                               |
| 14 |                   |                  |                                   |                                                               |
| 15 |                   |                  |                                   |                                                               |
| 16 |                   |                  |                                   |                                                               |
| 17 |                   |                  |                                   |                                                               |
| 18 |                   |                  |                                   |                                                               |
| 19 |                   |                  |                                   |                                                               |
| 20 |                   |                  |                                   |                                                               |

**Corporate trustees – names of the directors at the date the report was approved**

|                |  |  |
|----------------|--|--|
| Director name  |  |  |
| Not applicable |  |  |
|                |  |  |
|                |  |  |
|                |  |  |
|                |  |  |
|                |  |  |

**Name of trustees holding title to property belonging to the charity**

|              |                                   |  |
|--------------|-----------------------------------|--|
| Trustee name | Dates acted if not for whole year |  |
| None         |                                   |  |
|              |                                   |  |
|              |                                   |  |
|              |                                   |  |
|              |                                   |  |

## Funds held as custodian trustees on behalf of others

|                                                                                                                               |      |
|-------------------------------------------------------------------------------------------------------------------------------|------|
| Description of the assets held in this capacity                                                                               | None |
| Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects | N/A  |
| Details of arrangements for safe custody and segregation of such assets from the charity's own assets                         | N/A  |

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
|                 |      |         |
|                 |      |         |
|                 |      |         |
|                 |      |         |

#### Name of chief executive or names of senior staff members (Optional information)

|  |
|--|
|  |
|--|

## Exemptions from disclosure

Reason for non-disclosure of key personnel details

|  |
|--|
|  |
|--|

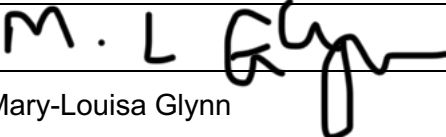
## Other optional information

|  |
|--|
|  |
|--|

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

|                                     |                                                                                   |  |
|-------------------------------------|-----------------------------------------------------------------------------------|--|
| Signature(s)                        |  |  |
| Full name(s)                        | Mary-Louisa Glynn                                                                 |  |
| Position (eg Secretary, Chair, etc) | Chair                                                                             |  |
| Date                                | 17 July 2026                                                                      |  |



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
Friends of Blue Smile

No (if any)  
1210034

CC16a

## Receipts and payments accounts

For the period  
from

Period start date  
16/9/24

To

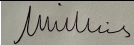
Period end date  
31/12/25

### Section A Receipts and payments

|                                                       | Unrestricted funds | Restricted funds | Endowment funds  | Total funds      | Last year        |
|-------------------------------------------------------|--------------------|------------------|------------------|------------------|------------------|
|                                                       | to the nearest £   | to the nearest £ | to the nearest £ | to the nearest £ | to the nearest £ |
| <b>A1 Receipts</b>                                    |                    |                  |                  |                  |                  |
| Sale of cards                                         | 8,996              | -                | -                | 8,996            | 5,002            |
| Sale of other items                                   | 1,997              | -                | -                | 1,997            | 1,427            |
| Fundraising events                                    | 12,770             | -                | -                | 12,770           | 5,303            |
| Donations                                             | 2,499              | 1,500            | -                | 3,999            | 850              |
| Interest on bank account                              | 61                 | -                | -                | 61               | 40               |
|                                                       | - 0                | -                | -                | -                | -                |
|                                                       | - 0                | -                | -                | -                | -                |
|                                                       | - 0                | -                | -                | -                | -                |
| <b>Sub total (Gross income for AR)</b>                | <b>26,323</b>      | <b>1,500</b>     | <b>-</b>         | <b>27,823</b>    | <b>12,622</b>    |
| <b>A2 Asset and investment sales, (see table).</b>    |                    |                  |                  |                  |                  |
|                                                       | - 0                | - 0              | - 0              | -                |                  |
|                                                       | - 0                | - 0              | - 0              | -                | - 0              |
| <b>Sub total</b>                                      | <b>- 0</b>         | <b>- 0</b>       | <b>- 0</b>       | <b>-</b>         | <b>- 0</b>       |
| <b>Total receipts</b>                                 | <b>26,323</b>      | <b>1,500</b>     | <b>- 0</b>       | <b>27,823</b>    | <b>12,622</b>    |
| <b>A3 Payments</b>                                    |                    |                  |                  |                  |                  |
| Cost of producing cards                               | 5,034              | -                | -                | 5,034            | 3,665            |
| Cost of producing other items                         | 753                | -                | -                | 753              | 977              |
| Cost of events                                        | 4,376              | -                | -                | 4,376            | 1,991            |
| Donations to Blue Smile                               | 7,436              | -                | -                | 7,436            | 8,023            |
| Administration                                        | 313                | -                | -                | 313              | 475              |
|                                                       | - 0                | -                | -                | -                | -                |
|                                                       | - 0                | -                | -                | -                | -                |
|                                                       | - 0                | -                | -                | -                | -                |
| <b>Sub total</b>                                      | <b>17,912</b>      | <b>-</b>         | <b>-</b>         | <b>17,912</b>    | <b>15,131</b>    |
| <b>A4 Asset and investment purchases, (see table)</b> |                    |                  |                  |                  |                  |
|                                                       | - 0                | - 0              | - 0              | -                |                  |
|                                                       | - 0                | - 0              | - 0              | -                |                  |
| <b>Sub total</b>                                      | <b>- 0</b>         | <b>- 0</b>       | <b>- 0</b>       | <b>-</b>         | <b>- 0</b>       |
| <b>Total payments</b>                                 | <b>17,912</b>      | <b>- 0</b>       | <b>- 0</b>       | <b>17,912</b>    | <b>15,131</b>    |
| <b>Net of receipts/(payments)</b>                     | <b>8,411</b>       | <b>1,500</b>     | <b>-</b>         | <b>9,911</b>     | <b>- 2,509</b>   |
| <b>A5 Transfers between funds</b>                     | <b>- 0</b>         | <b>-</b>         | <b>-</b>         | <b>-</b>         | <b>-</b>         |
| <b>A6 Cash funds last year end</b>                    | <b>1,875</b>       | <b>-</b>         | <b>-</b>         | <b>1,875</b>     | <b>7,702</b>     |
| <b>Cash funds this year end</b>                       | <b>10,286</b>      | <b>1,500</b>     | <b>-</b>         | <b>11,786</b>    | <b>5,193</b>     |

### Section B Statement of assets and liabilities at the end of the period

| Categories           | Details                                                | Unrestricted funds | Restricted funds | Endowment funds |
|----------------------|--------------------------------------------------------|--------------------|------------------|-----------------|
|                      |                                                        | to nearest £       | to nearest £     | to nearest £    |
| <b>B1 Cash funds</b> | Santander Bank                                         | 10,286             | 1,500            | -               |
|                      |                                                        | -                  | -                | -               |
|                      |                                                        | -                  | -                | -               |
|                      | <b>Total cash funds</b>                                | <b>10,286</b>      | <b>1,500</b>     | <b>-</b>        |
|                      | (agree balances with receipts and payments account(s)) | OK                 | OK               | OK              |

|                                                             |                                                                                     | Unrestricted funds              | Restricted funds      | Endowment funds          |
|-------------------------------------------------------------|-------------------------------------------------------------------------------------|---------------------------------|-----------------------|--------------------------|
|                                                             | Details                                                                             | to nearest £                    | to nearest £          | to nearest £             |
| <b>B2 Other monetary assets</b>                             |                                                                                     | -                               | -                     | -                        |
|                                                             |                                                                                     | -                               | -                     | -                        |
|                                                             |                                                                                     | -                               | -                     | -                        |
|                                                             |                                                                                     | -                               | -                     | -                        |
|                                                             |                                                                                     | -                               | -                     | -                        |
|                                                             |                                                                                     | -                               | -                     | -                        |
|                                                             |                                                                                     |                                 |                       |                          |
|                                                             | Details                                                                             | Fund to which asset belongs     | Cost (optional)       | Current value (optional) |
| <b>B3 Investment assets</b>                                 |                                                                                     |                                 | -                     | -                        |
|                                                             |                                                                                     |                                 | -                     | -                        |
|                                                             |                                                                                     |                                 | -                     | -                        |
|                                                             |                                                                                     |                                 | -                     | -                        |
|                                                             |                                                                                     |                                 | -                     | -                        |
|                                                             |                                                                                     |                                 |                       |                          |
|                                                             | Details                                                                             | Fund to which asset belongs     | Cost (optional)       | Current value (optional) |
| <b>B4 Assets retained for the charity's own use</b>         |                                                                                     |                                 | -                     | -                        |
|                                                             |                                                                                     |                                 | -                     | -                        |
|                                                             |                                                                                     |                                 | -                     | -                        |
|                                                             |                                                                                     |                                 | -                     | -                        |
|                                                             |                                                                                     |                                 | -                     | -                        |
|                                                             |                                                                                     |                                 | -                     | -                        |
|                                                             |                                                                                     |                                 | -                     | -                        |
|                                                             |                                                                                     |                                 | -                     | -                        |
|                                                             |                                                                                     |                                 | -                     | -                        |
|                                                             |                                                                                     |                                 |                       |                          |
|                                                             | Details                                                                             | Fund to which liability relates | Amount due (optional) | When due (optional)      |
| <b>B5 Liabilities</b>                                       |                                                                                     |                                 | -                     |                          |
|                                                             |                                                                                     |                                 | -                     |                          |
|                                                             |                                                                                     |                                 | -                     |                          |
|                                                             |                                                                                     |                                 | -                     |                          |
|                                                             |                                                                                     |                                 | -                     |                          |
| Signed by one or two trustees on behalf of all the trustees | Signature                                                                           | Print Name                      |                       | Date of approval         |
|                                                             |  | Rosamund Jane Williams          |                       | 27/1/26                  |
|                                                             |                                                                                     |                                 |                       |                          |



CHARITY COMMISSION  
FOR ENGLAND AND WALES

## Independent examiner's report on the accounts

### Section A

### Independent Examiner's Report

Report to the trustees/ members of

Charity Name  
Blue Smile

On accounts for the year ended

16<sup>th</sup> September 2024 to 31 December 2025

Charity no (if any)

1210034

Set out on pages

1 AND 2 OF THE ATTACHED CC16a

(remember to include the page numbers of additional sheets)

### Responsibilities and basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 / 12 / 2025

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

Date:

21/06/2026

Name:

Almudena Cano

**Relevant professional qualification(s) or body (if any):**

ACCA – ASSOCIATION OF CHARTERED CERTIFIED ACCOUNTANTS  
MEMBERSHIP NUMBER 0698203

**Address:**

75 LONG ROAD

CAMBRIDGE

CB2 8HE

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**