



Trustees' Annual Report for the period

	Period start date				Period end date		
From	12	September	2024	To	31	March	2025

Section A Reference and administration details

Charity name	Treasure Chest Breastfeeding York		
Other names charity is known by			
Registered charity number (if any)	1210006		
Charity's principal address	42 Middlethorpe Drive		
	York		
Postcode	YO24 1NA		

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Katharine Weston			
2	Alison Jane Kendrick	Treasurer		
3	Michelle Wallis			
4	Sally Sawdon			
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15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Constitution

How the charity is constituted
(eg. trust, association, company)

Charitable Incorporated Organisation

Trustee selection methods
(eg. appointed by, elected by)

Appointed by a resolution at a convened meeting of the charity trustees.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The trustees meet at least four times a year to discuss finances, risks, policies and procedures, and strategy. The day-to-day running of the organisation has been delegated to a committee of volunteers, who meet monthly. All services delivered to the public are performed by volunteer Breastfeeding Peer Supporters who have completed in-depth training.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The object of Treasure Chest Breastfeeding York is, for the public benefit, to promote and protect the good health and wellbeing of parents and children in the City of York and its environs by promoting, supporting and providing information about breastfeeding. Breastfeeding is defined as feeding a child wholly or partially with milk from the breast; it includes 'chestfeeding' which refers to feeding milk from the chest either directly from the parent's body or with a supplementer.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The trustees have taken the commission’s public benefit guidance into account when making decisions about the charity’s aims and activities.

To meet our aims to promote, support and provide information about breastfeeding, Treasure Chest has:

- Provided in person, drop-in support groups at three community venues.
- Offered an online group once a week.
- Supported parents of newborns on the maternity ward at York Hospital.
- Delivered monthly antenatal workshops providing information about breastfeeding to expectant parents.
- Operated a private Facebook group to answer questions and signpost to sources of support.
- Collaborated with York Medical Society to host a ‘Community of practice’ day conference for stakeholders.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

All the services we provide are delivered by our volunteers. Twenty-six volunteers played a part in service delivery in the period covered by this report.

In order to deliver up-to-date and evidence-based information, all our volunteers complete initial training (comprised of the Association of Breastfeeding Mothers’ Peer Supporter online course, and five in person sessions with an International Board Certified Lactation Consultant [IBCLC] and Breastfeeding Counsellor). Once qualified to act as a Peer Supporter, our volunteers must complete two Update Sessions per year. These sessions combine elements of training and supervision, to ensure knowledge is refreshed or updated with new evidence-based information, and to offer each volunteer support to act confidently but within the defined limits of their role.

Summary of the main achievements of the charity during the year

Treasure Chest completed the following core activities in the seven months from September 2024 to March 2025:

- Provided in person support from Breastfeeding Peer Supporters at three community venues on 79 separate occasions, to 224 families.
- Provided one-to-one support online on 8 separate occasions, to 9 families.
- Supported 124 parents on the maternity ward at York Hospital.
- Delivered 6 antenatal workshops providing information about breastfeeding to 31 expectant parents.
- Answered questions and signposted to sources of support on our private Facebook group, which has a membership of over 3,000 people.

Here is some feedback from families who have used our services:

"I really liked how friendly and open the Peer Supporters were. I felt comfortable and was able to have all my questions answered."

"I visited [a Treasure Chest breastfeeding group] when my baby was 5 weeks old and I'd been using nipple shields since birth. I'd had multiple appointments with the feeding team at the hospital and advice from midwives about how to come off them and had had no success. Then I visited Treasure Chest in Acomb once and the Peer Supporter was so kind and knowledgeable and encouraged me to let my baby find the nipple himself and created a safe, comfortable space where I felt able to do that. He latched on immediately and a week later we haven't used a nipple shield since!"

"[Seeing a Peer Supporter] kept me motivated to keep going despite my challenges with establishing breastfeeding."

"[The Peer Supporter] offered support as I prepare to end my 14 month long breastfeeding journey. She gave so many words of encouragement and made me feel so proud of myself for achieving all that I have in our feeding journey. She was the first person in a long time to say 'well done' to me for still feeding my son, and I didn't realise how much I needed to hear that until she told me today... I walked away from today's session feeling so proud of myself and grateful to have such a great service available for parents."

In addition to our usual activities, this year we were also honoured to be supported by the York Medical Society and to collaborate with them to host a 'Community of Practice' day conference in October 2024. The aim was to bring together stakeholders working in the area of breastfeeding support to learn from each other and develop ways of working together to achieve better outcomes for families.

Section E

Financial review

Brief statement of the charity's policy on reserves

Treasure Chest holds sufficient reserves to allow the organisation to wind up if necessary and meet its outstanding obligations. These obligations may include payments owed to contractors, bank charges and insurance for the winding-up period. The Treasurer reports on unrestricted reserves at each committee meeting. No spending may be authorised that would take the unrestricted reserves below the minimum level set for the year.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Treasure Chest's principal sources of funding are grants from charitable trusts and foundations. We also received financial support from the City of York Council to train a cohort of new Peer Supporters during the report period, as well as donations from York Medical Society and Pavers Shoes. The charity has a small number of regular donors and occasionally receives funds from fundraising events.

Funds received primarily meet the cost of training new volunteers, without whom we would not be able to sustain our current levels of service provision. We also spend money on Update Sessions for our current volunteers to ensure our support remains at a high standard. All training is delivered by experienced Breastfeeding Counsellors and/or an IBCLC. Other costs include the services of a self-employed administrator and fundraiser (who ensures we raise enough funds to continue our core activities), venue hire for our drop-in groups, and other core costs to promote our activities (e.g. our website and marketing costs), or to support our operations (e.g. insurance).

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Katharine Weston

Alison Jane Kendrick

Position (eg Secretary, Chair, etc)	Trustee	Trustee & Treasurer
Date	21/11/2025	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Treasure Chest Breastfeeding York

1210006

Receipts and payments accounts

CC16a

For the period
from

12/09/2024

To

31/03/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations from funders	4 515		-	4 515	-
Project funds	-	6 006	-	6 006	-
Donations from individuals	1 400	-	-	1 400	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	5 915	6 006	-	11 921	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	5 915	6 006	-	11 921	-
A3 Payments					
Project expenditure	-	3 161	-	3 161	-
Insurance	375	-	-	375	-
Venue hire	297	-	-	297	-
Bank charges	28	-	-	28	-
Publicity	297	-	-	297	-
Misc	166	-	-	166	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	1 163	3 161	-	4 324	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	1 163	3 161	-	4 324	-
Net of receipts/(payments)	4 752	2 845	-	7 597	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	2 475	3 373	-	5 848	-
Cash funds this year end	7 227	6 218	-	13 445	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Project funds	-	6 218	-
	Donations	7 227	-	-
		-	-	-
	Total cash funds	7 227	6 218	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Alison Jane Kendrick	23-Dec-25	