



Trustees Annual Report

1 April 2024 to 31 March 2025

1. Charity Details

Charity Name:	Care to Grow
Charity Registration Number:	1209989
Charity Address:	7 Bell Yard London WC2A 2JR
Names of Trustees:	Polly Holmes Claudie Paddick Fraser Hutchinson

2. Structure and Management

Please describe the structure of your charity, how it is governed, and how trustees are recruited:

The Care to Grow charity was set up in 2024 by Penny Capper who as CEO has overall responsibility. There are 3 Trustees and paid Mentors together with Volunteers to provide support in schools so that children's basic emotional needs are met to help them learn, develop and thrive.

We also have a paid Consultant with extensive charity experience linked to schools to provide support.

Up until mid this year formal meetings together with Trustees & Volunteers were held every 2 months in person or by video link where important discussions took place regarding operations/funding/finance/risk/safeguarding etc.

A Governance mapping session was held recently by our consultant and it was thought better to meet less frequently as a wider formal group and split into sub committees specific to the Charity's key objectives e.g. Finance/Risk/IT /Funding etc. to gain greater accountability & traction.

The 3 Trustees, reporting into the CEO, were recruited via personal connections/recommendations from networks

3. Activities and Objectives

Please describe the main activities your charity carried out during the year and its objectives:

Our key objective is to train more trusted adults to support children's emotional literacy in schools, so every child and young person has their basic emotional needs met to help them learn, develop and thrive. The current schools are based in North Kensington, close to the Grenfell Tower and is an area which continues to face deep-rooted challenges, including social and economic inequality, limited access to affordable housing, and the long-term emotional and social impact of the Grenfell Tower tragedy.

Research shows that just one trusted adult can have a profound effect on a child's life, influencing that young person toward positive growth, greater engagement in school and community activities, better overall health, and prevention of risky and threatening behaviours. *

*One Trusted Adult by Brooklyn Raney

4. Achievements and Performance

Please report on the charity's achievements during the year and how it provided public benefit:

After a successful pilot we are now fully operational in two schools and have 2 paid mentors, together with a number of volunteers carrying out support to school children. Over 34 children per week are involved in one-to-one sessions with mentors & volunteers and this service from April 2025 is now being fully funded by donations/charitable events together with funding by the schools themselves. The latter point is very important as the schools now recognize the value & support provided by the charity.

Feedback from stakeholders has been very positive. Feedback directly from schools is that this is one of the most successful charity partnerships they've experienced in recent years. The impact the Charity is making is not only deeply felt but also widely recognized delivering more effectively than many other start-up charities operating within similar time frames.

Feedback from the school children is critical and the charity has been able to deliver great support which has led to a number of positive comments such as:

“It’s made me more confident and able to stand up for myself.”

“I’m more able to have conversations with my mum and go to her when I have a problem.”

“Even outside school in football I feel like I understand myself more and will put my hand up for things that I wouldn’t have done before.”

5. Financial Review

Please provide an overview of the charity’s finances including:

During the Financial Year ending March 2025 the charity had only been operating for a few months. Expenditure totaled £17,000 and this was mainly for setting up the service the charity provided in two schools.

During the School Year 24/25 Care to Grow expenditure was just over £32,000 with over 85% of costs being attributed to personnel mainly Mentors & Consultant. Just over £16,000 was raised to fund the Charity via donations and events. The negative balance was personally funded by the CEO Penny Capper.

During 25/26 School Year, funding will be much improved as Schools have recognised the benefits of the Charity and have agreed to fund £10,000 per school year to pay for mentoring sessions etc. This will equate to a minimum £20,000. In addition, our funding schemes are gaining momentum with charitable events / business & corporate partnering and we expect this will add a further £30,000 to £40,000 of funding. This will allow the Charity to expand to 3 or 4 schools and pay a salary to the CEO.

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

Signature



Full name Polly Holmes _____

Position Chair of Trustees

Date 30Th Nov 2025 _____



Receipts and payments accounts

CC16a

For the period
from

01.04.2024

To

31.03.2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
INTEREST INCOME	-	-	-	-	-
VENUE HIRE	-	-	-	-	-
INTERNET SHARE	-	-	-	-	-
GRANTS/AWARDS	-	-	-	-	-
CORPORATE GIVING	-	-	-	-	-
COMMUNITY FUNDING	-	-	-	-	-
INDEPENDENT DONATIONS/FUNDRAISING	17,652	-	-	17,652	-
HMRC GIFT AID	-	-	-	-	-
Sub total (Gross income for AR)	17,652	-	-	17,652	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	17,652	-	-	17,652	-
A3 Payments					
DIRECT EXPENSES	-	-	-	-	-
DIRECT WAGES	-	-	-	-	-
ADVERTISING AND MARKETING	-	-	-	-	-
ACCOUNTING	360	-	-	360	-
BANK FEES	-	-	-	-	-
CLEANING + WASTE DISPOSAL	-	-	-	-	-
CONSULTING	-	-	-	-	-
GENERAL EXPENSES	861	-	-	861	-
INSURANCE	1,049	-	-	1,049	-
IT SOFTWARE AND CONSUMABLES	1,385	-	-	1,385	-
MENTORING	12,624	-	-	12,624	-
OFFICE COSTS	449	-	-	449	-
PRINTING AND STATIONERY	-	-	-	-	-
PROJECT FACILITATORS	-	-	-	-	-
RENT	619	-	-	619	-
REPAIRS AND MAINTENANCE	-	-	-	-	-
SUBSCRIPTIONS	-	-	-	-	-
TELEPHONE AND INTERNET	-	-	-	-	-
TRAINING	305	-	-	305	-
VENUE HIRE	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	17,652	-	-	17,652	-
A4 Asset and investment purchases, (see table)					
EQUIPMENT	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	17,652	-	-	17,652	-
Net of receipts/(payments)	-	-	-	-	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	-	-	-	-	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Polly Holmes	05/12/25