

FIT FOR LIFE YOUTH CIO

England & Wales · Charity number 1209882

Details

Other names	FIT FOR LIFE YOUTH CIC
Status	Registered
Legal form	CIO
Registered	2024-09-04
Register	View on the Charity Commission register

Contact

Address	Ffly Ground Floor 151 Freston Road London W10 6TH
Phone	02082137281
Email	info@fitforlifeyouth.co.uk
Website	www.fitforlifeyouth.co.uk

Activities

Objects: THE OBJECTS OF THE CIO ARE:(1)TO ADVANCE IN LIFE AND HELP YOUNG PEOPLE THROUGH:A. THE PROVISION OF RECREATIONAL AND LEISURE TIME ACTIVITIES PROVIDED IN THE INTEREST OF SOCIAL WELFARE, DESIGNED TO IMPROVE THEIR CONDITIONS OF LIFE;B. PROVIDING SUPPORT AND ACTIVITIES WHICH DEVELOP THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS MATURE AND RESPONSIBLE INDIVIDUALS.(2)THE PROMOTION OF COMMUNITY PARTICIPATION IN HEALTHY RECREATION, IN PARTICULAR BY THE PROVISION OF FACILITIES FOR BOXING AND GYM EXERCISE.(3)TO PROMOTE FOR THE BENEFIT OF THE INHABITANTS OF NORTH KENSINGTON AND THE SURROUNDING AREA THE PROVISION OF FACILITIES FOR RECREATION OR OTHER LEISURE TIME OCCUPATION OF INDIVIDUALS WHO HAVE NEED OF SUCH FACILITIES BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABLEMENT, FINANCIAL HARDSHIP OR SOCIAL AND ECONOMIC CIRCUMSTANCES OR FOR THE PUBLIC AT LARGE IN THE INTERESTS OF SOCIAL WELFARE AND WITH THE OBJECT OF IMPROVING THE CONDITION OF LIFE OF THE SAID INHABITANTS.

Activities: Fit For Life Youth operates in North Kensington, London, providing a range of programs to support children, young people, and families. The charity focuses on health, fitness, and sports as tools for personal development and empowerment. Activities include group fitness classes, youth mentoring, holiday clubs, sports programs, mental health support, and after-school clubs. It also runs community g

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** Amateur Sport, Recreation, Other Charitable Purposes
- **Who:** Children/young People, People With Disabilities, Other Charities Or Voluntary Bodies

Geography

- Brent
- Hammersmith And Fulham
- Kensington And Chelsea

Trustees

Name	Role	Appointed
Kay Scott	Chair	2024-09-04
Chanda Tori Viette		2024-09-04
Henry Wrigley		2024-09-04
Krystal Frimpong		2024-09-04
Mark Alawiye		2024-09-04
nelio pereira rodrigues		2024-11-26