

# WELLNESS WALKS

England & Wales · Charity number 1209744

## Details

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**Other names** MENTAL HEALTH NORTH WEST CIC

**Status** Registered

**Legal form** CIO

**Registered** 2024-08-26

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Curlew Close  
Orton  
Penrith  
CA10 3RF

**Phone** 07866522188

**Email** [happy@wellnesswalks.org.uk](mailto:happy@wellnesswalks.org.uk)

**Website** [www.wellnesswalks.org.uk](http://www.wellnesswalks.org.uk)

## Activities

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**Objects:** THE OBJECTS OF THE CIO ARE:TO RELIEVE THE NEEDS OF PERSONS WITH MENTAL OR PHYSICAL HEALTH ISSUES LIVING IN THE UNITED KINGDOM AND SUPPORT THEM IN PARTICULAR BY:1. PROVIDING AND FACILITATING OUTDOOR MENTAL HEALTH THERAPY;2. PROVIDING AND FACILITATING ACCESS TO OUTDOOR EXERCISE AND PURPOSEFUL ENDEAVOUR IN THE NATURAL ENVIRONMENT;3. PROVIDING AND FACILITATING TRAINING FOR INDIVIDUALS AND ORGANISATIONS TO BE ABLE TO PROVIDE ENGAGEMENT PROJECTS IN THE NATURAL ENVIRONMENT.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

## Geography

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- Scotland
- Throughout England And Wales

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-08-31	£76,406	£54,245	-	-

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## Trustees

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Name	Role	Appointed
<b>Viscount David Reid</b>	Chair	
Darren Warneford		
Kelvyn Justin Simon James		
Mary Smith		