

# MORTAL AND STRONG

England & Wales · Charity number 1209448

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2024-08-06

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Glaven  
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**Phone** 07572879810

**Email** [contact@mortalandstrong.com](mailto:contact@mortalandstrong.com)

**Website** [mortalandstrong.com](http://mortalandstrong.com)

## Activities

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**Objects:** FOR THE PUBLIC BENEFIT, TO PROMOTE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF THE PUBLIC IN THE UNITED KINGDOM BY:A) DELIVERING IN-PERSON AND ONLINE HEALTH EDUCATION PROGRAMMES;B) EDUCATING THE PUBLIC ABOUT HEALTH INEQUALITIES AND REDUCING SOCIAL STIGMATISATION OF DISEASE;C) ESTABLISHING ART CAMPAIGNS AND EXHIBITIONS INVOLVING ARTISTS, CURATORS, AND THOSE WITH LIVED EXPERIENCE OF DISEASE TO EDUCATE AND RAISE AWARENESS OF DISEASE AND ASSOCIATED HEALTH ISSUES;D) PROVIDING GRANT FUNDING TO ASSIST IN THE DIAGNOSIS, TREATMENT, OR PROVIDE OTHER SUPPORT FOR THOSE WHO HAVE A DISEASE OR ARE IN ILL-HEALTH; ANDE) OTHER SUCH MEANS AS THE TRUSTEES MAY DECIDE.

**Activities:** We are here to provide support, education and awareness to know how to navigate the new world that is post-diagnosis; Preventing secondary complications of isolation, mental health, disease

## Classification

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- **How:** Makes Grants To Organisations, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives, Arts/culture/heritage/science
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

## Geography

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- Throughout England And Wales

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-06-30	£68,111	£54,483	-	-

## Trustees

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Name	Role	Appointed
Pam Birkby	Chair	2025-04-01
Edward James Howard Bell		2025-06-30
Lisa Mendes		2024-08-06
Sarah Browne		2024-09-01