

Trustees' Annual Report

The Sonics Rugby Foundation

For the period 10 July 2024 to 30 September 2025

Registered information	Details
Charity name	The Sonics Rugby Foundation
Charity number	1209035
Legal structure	Charitable Incorporated Organisation (CIO), Foundation model
Registered office	55 Cissbury Ring South, London, N12 7BG
Financial year-end	30 September 2025

1. Structure, governance and management

The Sonics Rugby Foundation is a Charitable Incorporated Organisation governed by its CIO constitution. The trustees are responsible for the charity’ s governance, strategic direction, safeguarding, financial oversight and the proper application of charitable funds.

The trustees serving during the reporting period were:

Trustee	Role
Nashon Cohen	Chair
Luke Steele	Trustee
Sangbum Chough	Trustee
Martin Edward Rowell	Trustee

The trustees meet as required to oversee the charity’ s activities and finances. Trustees declare relevant interests and manage conflicts of interest in accordance with the charity’ s governing document and applicable Charity Commission guidance. 1

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2. Objectives and activities

The charity exists to promote community participation in healthy recreation through rugby union, rugby league and other sports; to provide or assist in providing opportunities for sport and recreation, particularly for young women and girls; and to advance the education of children and young people. 2

During the reporting period, the trustees focused on using charitable funds to widen access to rugby for girls, improve confidence and physical literacy, and create clear pathways into community-club participation. The principal activity was the delivery of girls’ rugby programmes in school settings.

The trustees have had regard to the Charity Commission’ s public-benefit guidance when planning and delivering the charity’ s activities. The programmes were provided for the public benefit by increasing access to organised sport and healthy recreation for girls and young people. 3

3. Achievements and performance

Between **February and April 2025**, the charity delivered girls’ rugby programmes at **St Thomas More Catholic School in Haringey** and **Queen Elizabeth’ s Girls’ School in Barnet**.

Programme measure	Delivery during the period
Schools supported	St Thomas More Catholic School, Haringey; Queen Elizabeth’ s Girls’ School, Barnet
Programme-delivery period	February to April 2025
Sessions delivered	Between 18 and 24 sessions at each school
Participants reached	Approximately 300 girls
Age groups	Under-10 to Under-16
Participant group	All girls
Progression outcome	Approximately 16% of participants subsequently joined local rugby clubs
Clubs joined	Enfield Ignatians, Saracens Amateurs, Old Grammarians and Finchley RFC

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The programmes engaged positively with both participating girls and teaching staff. They provided structured, age-appropriate rugby opportunities and created a tangible route from school participation into local community-club rugby.

The trustees consider the programme successful in establishing a practical basis for future girls’ rugby activity. The charity intends to continue building school and community partnerships that increase participation, improve player confidence and create sustained progression opportunities.

4. Financial review

During the reporting period, the charity received **£6,148.20** in private donations. All donations received were unrestricted.

The charity applied **£5,764.92** to the direct delivery of the girls’ rugby programmes described above. This left **£383.28** before any further year-end reconciliation items.

Summary of receipts and payments	Amount
Unrestricted private donations received	£6,148.20
Programme-delivery expenditure	(£5,764.92)
Funds remaining before any unrecorded year-end items	£383.28

The trustees will retain sufficient reserves to meet immediate operating commitments and to support planned charitable activity. The charity will review its reserves position as its programme commitments, funding arrangements and operational needs develop.

The accompanying annual accounts should reconcile all receipts and payments, opening and closing balances, assets and liabilities for the period ending 30 September 2025.

5. Related-party transaction and conflicts of interest

During the reporting period, the charity engaged **Accelerate Sports** to provide the rugby programme-delivery services described in this report. Accelerate Sports is operated by **Nashon Cohen**, a trustee and Chair of the charity.

The total cost of the programme-delivery services was **£5,764.92**. The services were provided on a **cost-recovery basis**, with no profit margin intended for the provider.

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Nashon Cohen declared the relevant financial conflict of interest and did not participate in the trustees' discussion or decision to approve the arrangement. The other trustees considered the arrangement on the basis that it supported the charity's objectives and enabled the delivery of girls' rugby programmes at the two named schools.

The trustees recognise that a trustee-related payment remains a financial conflict even where the service is supplied at cost. The charity will retain appropriate invoices, payment records, cost information and trustee minutes in support of the arrangement and will include the required disclosure in its annual accounts. 1

6. Safeguarding, risk and serious incidents

The trustees confirm that coaches involved in programme delivery held appropriate DBS checks and that safeguarding arrangements were in place for the activities delivered during the period.

The trustees are not aware of any safeguarding incidents, serious incidents or material complaints arising from the charity's activities during the reporting period.

The trustees will continue to review safeguarding, financial controls, conflict management and delivery risks as the charity develops.

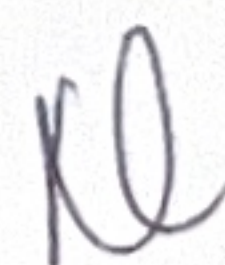
7. Plans for the future

The charity plans to build on its initial delivery by continuing to develop girls' rugby opportunities with schools and community partners. Its priorities are to increase participation, maintain safe and high-quality coaching environments, strengthen links with local rugby clubs and secure funding that supports sustainable programme delivery.

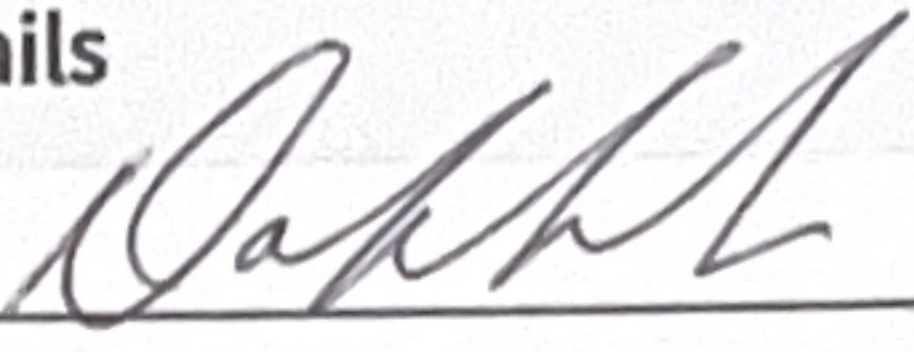
8. Trustee responsibilities statement

The trustees are responsible for preparing the trustees' annual report and annual accounts in accordance with applicable law and the charity's governing document. The trustees are responsible for keeping adequate accounting records, safeguarding the charity's assets and taking reasonable steps to prevent and detect fraud and other irregularities.

9. Approval and signature



This trustees' annual report was approved by the trustees on **4 September 2026** and is signed on their behalf by:

Signed on behalf of the trustees	Details
Signature	
Name	Nashon Cohen
Trustee position	Chair
Date signed	4 September 2026

References

- [1] Charity Commission — Paying a trustee or connected person for providing goods or services to the charity
- [2] Charity Commission register — The Sonics Rugby Foundation, charity 1209035
- [3] Charity Commission — Prepare a charity trustees' annual report

Filing check: Before uploading this report, ensure the accompanying annual accounts reconcile to the bank records for the period, record the full Accelerate Sports payment consistently as £5,764.92, and include the related-party disclosure. The report is ready for Nashon Cohen to sign in the signature space above.