



Charity Number: 1208633
Reporting Period: June 2024 – June 2025

Annual Report and Return

THC Foundation is a registered Charity in England (1208633)

Suit 55-56 Wenta Business Centre

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THC FOUNDATION

Charity Number: 1208633

Trustees' Annual Report (TAR)

Reporting Period: 12 June 2024 – 31 May 2025

Objectives and Activities

Summary of the purposes of the charity (Para 1.17)

THC Foundation is established to advance health, education, and wellbeing, relieve poverty, and improve access to water and sanitation for vulnerable and underserved communities in the United Kingdom and internationally.

The charity is committed to delivering sustainable and scalable interventions that not only address immediate needs but also empower communities in the long term. Its work is guided by principles of equality, dignity, and community engagement, ensuring that beneficiaries are supported in ways that create lasting impact.

Summary of the main activities for public benefit (Para 1.17 & 1.19)

During the reporting period, THC Foundation delivered a range of programmes aligned with its charitable objectives across Ghana, India, Portugal, Pakistan, and the United Kingdom.

Key activities included:

- **Delivering menstrual hygiene education and distributing reusable sanitary products to 200 girls in Ghana, improving attendance and reducing stigma**
- **Providing school uniforms, shoes, and learning materials to over 600 children, reducing barriers to education**
- **Supporting scholarships for healthcare students, enabling training of future healthcare professionals**
- **Funding staff costs at the THC Medical Centre in Ghana, ensuring the continued delivery of essential healthcare services to underserved communities**
- **Delivering food distribution programmes in India and Portugal, supporting vulnerable individuals including families, pregnant women, and those experiencing food insecurity**
- **Implementing mentorship programmes for young girls, promoting leadership, confidence, and educational development**

- Providing school infrastructure such as tables and chairs to improve learning environments

These activities directly contributed to improved access to education, healthcare, and essential resources, benefiting individuals and communities in need.

Public benefit statement (Para 1.18)

The Trustees confirm that they have complied with their duty under section 17 of the Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit. All activities undertaken during the year were carried out for the public benefit.

Additional Information

Policy on grant making (Para 1.38)

The charity provides support through both direct programme delivery and targeted financial assistance. Grants and support are provided based on identified community needs and alignment with the charity's objectives, with a focus on achieving measurable impact.

Policy on social investment (Para 1.38)

At this time, the charity does not operate a formal social investment programme. However, it supports long-term sustainability through capacity-building initiatives and strategic partnerships within communities.

Contribution made by volunteers (Para 1.38)

Volunteers played a critical role in supporting programme delivery, logistics, and coordination. Their contribution enabled the charity to deliver impactful initiatives despite financial constraints and limited staffing capacity.

Other

The charity operates through partnerships with local organisations and NGOs, ensuring programmes are culturally appropriate, community-led, and effective.

Achievements and Performance

Summary of main achievements (Para 1.20)

Despite financial constraints, THC Foundation delivered meaningful and measurable impact across multiple regions.

In Ghana, the charity's menstrual hygiene programme supported over 200 girls, reducing absenteeism and empowering young women. Educational support provided to over 600 children improved school participation and reduced inequality in access to learning resources.

Healthcare provision was strengthened through the funding of staff costs at the THC Medical Centre, ensuring continuity of essential medical services to underserved communities. This intervention contributed to improved access to healthcare and better health outcomes.

The charity also invested in long-term capacity building by providing scholarships for healthcare students, supporting the development of future professionals who will serve their communities.

In India and Portugal, food distribution programmes addressed immediate needs among vulnerable populations, providing both nourishment and dignity.

Mentorship programmes for young girls further contributed to empowerment, leadership development, and improved educational engagement.

These achievements demonstrate the charity's ability to deliver high-impact interventions through strategic partnerships and efficient use of resources.

Additional Information

Achievements against objectives (Para 1.41)

The charity successfully advanced its objectives in health, education, and poverty relief through targeted and effective programmes.

Performance of fundraising activities (Para 1.41)

Fundraising activity during the year was limited. The charity relied primarily on private contributions, in-kind support, and operational support linked to its partner organisation.

Investment performance (Para 1.41)

The charity does not hold investments.

Other

The charity demonstrated resilience and adaptability by maintaining programme delivery despite financial challenges.

Financial Review

Review of financial position (Para 1.21)

The charity reported total income of £0 and total expenditure of £15,450 during the reporting period.

Expenditure was directed towards programme delivery, including outreach resources, educational support, food distribution, and staff costs at the THC Medical Centre.

The charity's activities were supported through private contributions, volunteer support, and in-kind assistance.

Reserves policy (Para 1.22)

The Trustees aim to establish reserves equivalent to 3–6 months of operating costs to ensure financial sustainability and resilience.

Amount of reserves held (Para 1.22)

£0

Reasons for holding zero reserves (Para 1.22)

Due to limited income during the year, all available resources were utilised to support programme delivery, leaving no reserves at the end of the reporting period.

Details of funds materially in deficit (Para 1.24)

No funds are materially in deficit.

Going concern (Para 1.23)

The Trustees consider the charity to be a going concern based on continued operational support, strategic partnerships, and plans to develop sustainable funding streams.

Additional Information

Principal sources of funds (Para 1.47)

The charity is supported through private contributions, volunteer input, and operational support linked to Trinity HealthcarePlus, where operating surpluses are reinvested into the charity to support its activities.

Investment policy (Para 1.46)

At this time, the charity does not hold any financial investments. All available funds are applied directly to charitable activities. The Trustees will consider implementing an investment policy when reserves are established.

Principal risks (Para 1.46)

Key risks identified include:

- Limited and inconsistent funding
- Reliance on a single primary funding source
- Logistical challenges in international programme delivery
- Capacity constraints due to reliance on volunteers

Mitigation strategies include developing a structured fundraising strategy, formalising partnerships, and strengthening governance and monitoring systems.

Other

The charity continues to prioritise financial sustainability and operational development.

Structure, Governance and Management

Type of governing document (Para 1.25)

The charity is governed by a constitution.

Legal structure (Para 1.25)

Charitable Incorporated Organisation (CIO)

Trustee selection (Para 1.25)

Trustees are appointed in accordance with the charity's constitution. Recruitment is based on relevant skills and experience in governance, healthcare, and community development.

Additional Information

Trustee induction and training (Para 1.51)

Trustees receive induction covering charity law, safeguarding, ethical conduct, risk management, financial oversight, and organisational strategy.

Organisational structure (Para 1.51)

The charity is governed by a Board of Trustees, with day-to-day operations managed by the CEO and management team. Programmes are delivered through partnerships with international organisations and local NGOs.

Relationship with related parties (Para 1.51)

The charity works closely with Trinity Healthcare, whose operating surplus supports the charity's activities. All arrangements are managed transparently and in the best interests of the charity.

Other

Governance is underpinned by transparency, accountability, and effective oversight.

Reference and Administrative Details

Charity name: THC Foundation

Other name: None

Registered charity number: 1208633

Principal address: Suite 55–56 Wenta Business Centre, Enfield, London, UK

Trustees

- Josephina Ababio – Chair
- Jayne E. Doherty – Trustee
- Rahil Khan – Trustee
- David Doherty – Treasurer

(All served throughout the reporting period)

Corporate Trustees

None

Trustees holding property

None

Funds held as custodian trustees

None

Advisers

Not applicable

Senior Staff

- Jayne Doherty – Chief Executive Officer
 - Elizabeth Sarpong – Coordinator
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Exemptions from disclosure

None

Other optional information

None

Declarations

The trustees declare that they have approved the trustees' report above.

Signature(s): ____JA____

Full name(s): Josephina Ababio

Position: Chair of Trustees

Date: ____31.03.2026____
