

PAUSE REWIND & PLAY

ANNUAL REPORT June 3rd 2024 – Jan 31st 2025

Background note

Pause Rewind & Play, Charitable Incorporated Organisation no 1208497 was established on June 3rd 2024. On Dec 16th 2024 it merged with charity no 800491 of the same name and accepted transfer of that charity's liabilities and assets as a means of furthering its aims. The principal asset is Loweswater Hall Cockermouth Cumbria CA13 0SU and this is the charity's registered address. The CIO trustees are Nina Balogh (chair), Katharine Hodgkin (treasurer), Diana Buirski, Anna Davin, and Tessa Balogh Henghes. The charity's agents are Cumberland Building Society and Streathers Ltd. Hampstead.

This is the first report of CIO no 1208497, and this initial report covers the first few weeks since the two organisations merged. The first 6 months' charitable activities dating from the CIO's establishment were managed by the predecessor charity.

Aims and Organisation

The charity's aims are to further the relief of psychological illness or disorder especially amongst children by the promotion of psychotherapy and by promotion of public understanding and knowledge of the principles of psychotherapy.

The CIO aims to provide residential and daytime accommodation at Loweswater Hall for small groups of children and / or adults. This operation is managed by a 7 member Management Committee who oversee the operational business of providing a sympathetic and supportive environment for clients to benefit from the therapeutic effects of a residential or daytime experience in a beautiful setting. The Committee oversees the full range of operational matters, including fundraising and maintenance. The resident management team has expanded. It meets on a weekly basis to agree short-term priorities & scheduling of ongoing volunteer activities and time commitments.

We anticipate that clients will rent accommodation on a self-catering basis; and that from time to time the managers may provide courses & holidays to selected client groups who meet the charity's aims. Following the practice of our predecessor charity, most work will be done by volunteers. There are no paid staff except for people employed on a contract basis, eg. for cleaning, maintenance and other support.

Review of progress and achievements

The Trustees and Management Committee benefit from the successful implementation of the predecessor charity's 10 year Strategic Plan whose aim was 'to manage the charity's assets efficiently and sustainably and to secure its future'. This plan had four separate strategic goals, which will now be revised in a new strategic plan following the realisation of the aims to incorporate and to substantially refurbish the building.

Our Management Committee was established in August 2024 and we continue to conduct joint meetings. We have identified potential candidates to join the Management Committee and will be inviting them to join us.

We look forward to embarking on a new phase as a CIO, and extend our warm thanks to the Trustees, Management Committee and all who have supported our charity over the years for all the interest and enthusiasm they've contributed to our work.

Acknowledgements

The charity depends on the generosity of its supporters and would like to thank all those who have helped its activities over the past year.

PAUSE REWIND & PLAY

Balances June 3rd 2024 – Jan 31st 2025

Opening balance	June 3 rd 2024	0.00
Transfers from Pause Rewind & Play charity	£6817.78	
Income	10,030.00	
Subtract expenditure	797.97	
Closing balance	Jan 31 st 2025	£16,049.81
Cash account		
	cash c/f	142.44
	less expenses	47.24
cash in hand		£95.20
Opening balance		£00.00
Closing balance		£16,049.81

INCOME & EXPENDITURE STATEMENT

INCOME		
Donations	10,030.00	
Total income	£10,030.00	
EXPENDITURE		
Electricity	297.97	
Legal	500.00	
Total expenditure	£797.97	
from Petty Cash:	Cleaning	47.24
cash in hand		£95.20
Excess income /expenditure	(£10,030.00 - £797.97 = £9232.03)	

