

# PAUSE, REWIND AND PLAY

England & Wales · Charity number 1208497

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2024-06-03

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Loweswater Hall  
Loweswater  
Cockermouth  
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**Website** <https://pauserewindandplay.org.uk/>

## Activities

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**Objects:** THE RELIEF OF PSYCHOLOGICAL ILLNESS OR DISORDER ESPECIALLY AMONGST CHILDREN BY (I) THE PROVISION OF PSYCHOTHERAPY; AND (II) THE PROMOTION OF PUBLIC UNDERSTANDING AND KNOWLEDGE OF THE PRINCIPLES OF PSYCHOTHERAPY.

## Classification

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- **How:** Provides Buildings/facilities/open Space, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

## Geography

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- Throughout England And Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-01-31	£10,030	£798	-	-

## Trustees

Name	Role	Appointed
<b>Nina Zenith BALOGH</b>	Chair	2024-06-03
DIANA PAULINE BUIRSKI		2023-01-02
Dr ANNA DEIRDRE DAVIN		2024-06-03
Penelope Kathryn Teresa Balogh Henghes		2024-06-03
Professor Katharine Delia Hodgkin		2024-06-03