

REGISTERED COMPANY NUMBER: CE036282 (England and Wales)
REGISTERED CHARITY NUMBER: 1208400

**Report of the Trustees and
Unaudited Financial Statements
for the Period 28 May 2024 to 31 May 2025
for
No Shame Foundation**

Ashmole & Co
Manchester House
Grosvenor Hill
Cardigan
Ceredigion
SA43 1HY

No Shame Foundation

**Contents of the Financial Statements
for the Period 28 May 2024 to 31 May 2025**

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No Shame Foundation
Report of the Trustees
for the Period 28 May 2024 to 31 May 2025

The trustees present their report with the financial statements of the charity for the period 28 May 2024 to 31 May 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

INCORPORATION

The charitable company was incorporated on 28 May 2024.

OBJECTIVES AND ACTIVITIES

Objectives and aims

Purpose

To break cycles of hidden trauma and make healing accessible for people impacted by adoption and trauma. Through compassion, lived experience, and community connection, we aim to remove the stigma of secrecy and shame - promoting healing, resilience, and reconnection for individuals and their families.

Vision

A future where people affected by adoption and trauma are not just supported, but fully seen, heard, and empowered to transform their lives.

Mission

We provide access to appropriate, trauma-informed therapy, peer support, and community programs that empower individuals and families to heal, grow, and thrive. Our support is grounded in compassion, lived experience, and a commitment to creating safe, non-judgmental spaces.

Positioning Statement

We are a charity deeply connected to the local community, offering safe, compassionate support for people affected by adoption-related trauma. Combining accessible counselling led by expert practitioners, emotional care, and insight, we create a unique space for healing, connection, and understanding. Founded by people with lived experience, our support is shaped by real voices - not just policies. Their experiences inspired the creation of a charity where compassionate, trauma-informed care is always within reach.

We will begin supporting people by offering a counselling service for those affected by adoption and/or trauma. Prior to beginning their work, all counsellors will receive training to ensure they are equipped with a strong understanding of the unique challenges that individuals affected by adoption and trauma may face. This training will help ensure our service is sensitive, informed, and effective.

Significant activities

Since registering as a charity with the Charity Commission on 28th May 2024, progress in delivering direct support has been slower than hoped. This was due to legal requirements in Wales, which meant we first had to register as an Adoption Support Agency with Care Inspectorate Wales before we could begin working with individuals affected by adoption. The application process was lengthy, with the Chair of Trustees needing to provide various pieces of evidence and information to satisfy regulatory requirements. We are pleased to report that the application was approved on 13th June 2025. With this milestone achieved, the charity is now in a position to begin marketing and outreach, with the goal of starting to support people as soon as possible.

Volunteers

We have not had any volunteers joining the service over the last year.

FINANCIAL REVIEW

Principal funding sources

Over the past six months, we have been actively fundraising through a monthly pub quiz held at a local pub. These events have been well-supported by the community and have helped raise valuable funds. In addition to this, we are delighted to have secured a one-year grant from the National Lottery Fund. This support provides us with a strong foundation to begin delivering meaningful support to people in our community over the coming year.

No Shame Foundation

Report of the Trustees for the Period 28 May 2024 to 31 May 2025

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is established as a Charitable Incorporated Organisation (CIO) and is governed by its Constitution, which sets out its charitable purposes and the rules by which it operates. The governing document was formally adopted by the trustees and submitted as part of the registration process. The charity was officially registered with the Charity Commission on 28th May 2024. The trustees are responsible for the overall control and strategic direction of the charity, ensuring it complies with its legal obligations and remains true to its charitable objectives.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE036282 (England and Wales)

Registered Charity number

1208400

Registered office

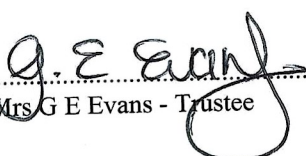
Tredafydd Uchaf
Pontfaen
FISHGUARD
Pembrokeshire
SA65 9SJ

Trustees

Mrs G E Evans
Ms E F M Bowen
Ms C M Owens
Ms J J Barney-Griffiths
Ms B M Phillips
G J Owens
Mrs M M Jenkins

Company Secretary

Approved by order of the board of trustees on08/09/2025..... and signed on its behalf by:


.....
Mrs G E Evans - Trustee

No Shame Foundation

**Statement of Financial Activities
for the Period 28 May 2024 to 31 May 2025**

	Notes	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM				
Charitable activities				
No Shame Foundation		-	20,000	20,000
Other trading activities	2	<u>430</u>	<u>-</u>	<u>430</u>
Total		<u>430</u>	<u>20,000</u>	<u>20,430</u>
EXPENDITURE ON				
Charitable activities				
No Shame Foundation		300	975	1,275
Other		<u>34</u>	<u>-</u>	<u>34</u>
Total		<u>334</u>	<u>975</u>	<u>1,309</u>
NET INCOME		<u>96</u>	<u>19,025</u>	<u>19,121</u>
TOTAL FUNDS CARRIED FORWARD		<u>96</u>	<u>19,025</u>	<u>19,121</u>

The notes form part of these financial statements

No Shame Foundation

Balance Sheet 31 May 2025

	Notes	Unrestricted fund £	Restricted fund £	Total funds £
CURRENT ASSETS				
Cash at bank		396	19,500	19,896
CREDITORS				
Amounts falling due within one year	4	(300)	(475)	(775)
NET CURRENT ASSETS		<u>96</u>	<u>19,025</u>	<u>19,121</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		96	19,025	19,121
NET ASSETS		<u>96</u>	<u>19,025</u>	<u>19,121</u>
FUNDS	5			
Unrestricted funds				96
Restricted funds				<u>19,025</u>
TOTAL FUNDS				<u>19,121</u>

The members have not required the charity to obtain an audit of its financial statements for the period ended 31 May.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year, so far as applicable to the charitable organisation.

The notes form part of these financial statements

No Shame Foundation

Notes to the Financial Statements - continued for the Period 28 May 2024 to 31 May 2025

4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	£
Accrued expenses	<u>775</u>

5. MOVEMENT IN FUNDS

	Net movement in funds £	At 31.5.25 £
Unrestricted funds		
General fund	96	96
Restricted funds		
Main Grant	19,025	19,025
TOTAL FUNDS	<u>19,121</u>	<u>19,121</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	430	(334)	96
Restricted funds			
Main Grant	20,000	(975)	19,025
TOTAL FUNDS	<u>20,430</u>	<u>(1,309)</u>	<u>19,121</u>

6. RELATED PARTY DISCLOSURES

There were no related party transactions for the period ended 31 May 2025.

No Shame Foundation

Balance Sheet - continued
31 May 2025

The financial statements were approved by the Board of Trustees and authorised for issue on
08/09/2025 and were signed on its behalf by:

G. Evans
G-E Evans - Trustee

M-M Jenkins
M M Jenkins - Trustee

B M Phillips
B M Phillips - Trustee

C Owens
C M Owens - Trustee

E F M Bowen
E F M Bowen - Trustee

G J Owens
G J Owens - Trustee

J J Barney-Griffiths
J J Barney-Griffiths - Trustee

No Shame Foundation

Notes to the Financial Statements for the Period 28 May 2024 to 31 May 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. OTHER TRADING ACTIVITIES

Fundraising events	£
	<u>430</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the period ended 31 May 2025.

Trustees' expenses

There were no trustees' expenses paid for the period ended 31 May 2025.

No Shame Foundation

Notes to the Financial Statements - continued for the Period 28 May 2024 to 31 May 2025

4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

Accrued expenses	£
	<u>775</u>

5. MOVEMENT IN FUNDS

	Net movement in funds £	At 31.5.25 £
Unrestricted funds		
General fund	96	96
Restricted funds		
Main Grant	19,025	19,025
TOTAL FUNDS	<u>19,121</u>	<u>19,121</u>

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Main Grant	20,000	(975)	19,025
TOTAL FUNDS	<u>20,430</u>	<u>(1,309)</u>	<u>19,121</u>

6. RELATED PARTY DISCLOSURES

There were no related party transactions for the period ended 31 May 2025.

No Shame Foundation

**Detailed Statement of Financial Activities
for the Period 28 May 2024 to 31 May 2025**

	£
INCOME AND ENDOWMENTS	
Other trading activities	
Fundraising events	
Charitable activities	430
Grants	
Total incoming resources	<u>20,000</u>
	20,430
EXPENDITURE	
Charitable activities	
Advertising	
Support costs	975
Finance	
Bank charges	
Governance costs	34
Accountancy and legal fees	
Total resources expended	<u>300</u>
	<u>1,309</u>
Net income	<u><u>19,121</u></u>

This page does not form part of the statutory financial statements