

# No Shame Foundation

England & Wales · Charity number 1208400

## Details

---

**Other names** NO SHAME

**Status** Registered

**Legal form** CIO

**Registered** 2024-05-28

**Register** [View on the Charity Commission register](#)

## Contact

---

**Address** Tredafydd Uchaf  
Pontfaen  
Fishguard  
SA65 9SJ

**Phone** 01348879170

**Email** [info@nosshamefoundation.co.uk](mailto:info@nosshamefoundation.co.uk)

## Activities

---

**Objects:** TO PRESERVE AND PROTECT THE MENTAL HEALTH OF ADULTS, IN PARTICULAR BUT NOT EXCLUSIVELY IN WALES, WHO HAVE HAD ADVERSE CHILDHOOD EXPERIENCES, INCLUDING (NOT EXCLUSIVELY) EXPERIENCES CONNECTED TO ADOPTION, OR WHO MAY HAVE HAD ADVERSE EXPERIENCES RELATING TO ADOPTION LATER IN LIFE, BY:A. ASSISTING IN THE PROVISION OF COUNSELLING SERVICES AND EMOTIONAL SUPPORT OR THERAPEUTIC ACTIVITIES RELATED TO COUNSELLING;B. TRAINING PROFESSIONAL COUNSELLORS AND OTHERS WHO WORK WITH ADULTS ADVERSELY AFFECTED BY ADOPTION;C. PROVIDING ACCESS TO APPROPRIATE THERAPEUTIC SUPPORT AND SUPERVISION FOR SOCIAL WORKERS WHO WORK WITH HIGH CASE LOADS AND COMPLEX CASES.

## Classification

---

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

## Geography

---

- Throughout England And Wales

## Finances

---

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£20,430	£1,309	-	-

---

## Trustees

---

Name	Role	Appointed
<b>Glesni Elen Evans</b>	Chair	
BERYL MANDY PHILLIPS		
Catrin Mair Owens		
Elaine Frances May Bowen		
Gareth John Owens		
JENNIFER JANE BARNEY-GRIFFITHS		
Meinir Mai Jenkins		

---